# Walnut Hills Newsletter

A Beautiful Community of Families, Friends and Neighbors for 54 years

#### Walnut Hills Dumpster Day and Electronic Recycling October 8th

Andrea Suhaka, Chair, WHCA, 303-770-0058, standy@ecentral.com

The Walnut Hills Civic Association is sponsoring our final Dumpster Day of 2016 on October 8th, 8 - 11 am or when the trucks are full, at Walnut Hills School. This Dumpster Day includes electronic recycling, as well. (If an item has a battery or plugs into the wall, it's illegal to dispose of it in the trash, it must be recycled.) Blue Star Recycling will again be with us for that purpose and The Garbage Man will do the dumpster part. We'll also have Brookë, our metals guy, in attendance. Just so everyone knows, this one event cost the WHCA about \$4,000 last year. Your annual dues of only \$25 do work for you!

Dumpster guidelines: no brick or cement, or heavy materials like that, may be dropped off; we reserve the right to charge extra (\$10) for extra large loads or trailers. We take pretty much everything after that. If you have a question if something can be "dumped", please, contact Donna Senn at 303-741-2065.

Electronic Recycling guidelines: (FREE) only the part with the electronics, i.e., no enclosures around the electronics (ex., just the TV part of a console TV). The dumpster will take the rest. If it plugs into the wall or has a battery it goes to electronic recycling. Yes, curling irons, all computer equipment (I recommend you take out the hard disk and smash it), electric fans, TVs, wiring,



calculators, cameras, microwaves, etc. This is an easy way to do your part for the environment. For questions about electronic recycling, contact me. Everyone will line up in the same line, not before 7:30am to respect the neighbors. When Donna Senn or I come down to check your membership, vehicles with only electronics will be let through separately.

As always, you must be a member of the WHCA to take part in this event. You may go to www. walnuthillscolorado.org, click on Dues/Scholarship to pay your dues by credit card or send in the form you received in February or on our website. Any dues transaction must be done by Thursday, October 6th.

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#### Walnut Hills Holiday Lighting Contest Andrea Suhaka, Chair, WHCA, 303-770-0058, standy@ecentral.com

The Holiday Lighting in Walnut Hills makes the neighborhood a beautiful, magical place to be. We love to see the creativity that goes into the lighting displays. To that end, again, the Walnut Hills Civic Association is sponsoring its' annual Holiday Lighting contest. Winners are chosen from those who are paid members of the WHCA and there are cash awards: \$100 - first place, \$75 - second place, \$50 - third place. We do like to spread the awards around, so we will not count those who have won in the past 5 years.

A judging team of WHCA Board members will survey the neighborhood during the week of 19 December. Please, turn on your displays that week to be included in the judging.

#### Walnut Hills Movie Night January 28, 2017

Andrea Suhaka, Chair, WHCA, 303-770-0058, standy@ccentral.com The Walnut Hills Civic Assoc. will again be sponsoring Walnut Hills Movie Night. The film will be "Finding Dory" and it will be held in the Walnut Hills School

This event will be 3:30-5pm. All Walnut Hills residents are welcome, parents and/or grandparents must accompany children. Enter through the front door of the school. Barring a blizzard, this event

gym. This is at no charge to the neighborhood.



will happen rain or snow. Please, bring a blanket for your child(ren) to sit on the floor. We will have chairs for adults. Questions? Contact Robert Ferrin (303) 704-1376

## Arapahoe Construction Update

Despite the myriad cones, barrels and traffic shifts experienced by drivers along the I--25 and Arapahoe Road corridor over the past five months, the project team has accomplished a lot to date and remains on schedule and within budget.

Some of the major accomplishments to date include:

- Phase 1 (majority of northbound portion) of I-25 bridge completed four months ahead of schedule
- Demolished Phase 2 (remainder of northbound and part of southbound) of I-25 bridge
- Traffic shifts on I-25 and Arapahoe Road including the most recent lane realignment on northbound I-25
- Various utility relocations
- Retaining wall work
- Early benefit opened an additional left turn lane from the southbound I-25 off-ramp to eastbound Arapahoe Road
- Realigned new South Alton Way providing improved access to businesses in northeast quadrant.



Here is what you can expect in the fall/winter of 2016:

- Set Phase 2 I-25 girders late October followed by deck pour requiring various overnight closures
- Phase 3 (remainder of southbound portion) of I-25 bridge demolition this winter requiring a full weekend closure of Arapahoe Road beneath I-25
- Sound wall construction along Arapahoe Road and Yosemite Street
- Continuous utility relocations and wall work
- Roadway reconstruction work on the south side of Arapahoe Road
- Minor shift westbound Arapahoe between Boston Street and northbound I-25 on--ramp.

We encourage you to watch for regular construction update emails for the most up-to-date information. If you haven't already, please sign up by emailing dot\_ i25arapahoe@state.co.us.

For More Information

Project website: www.codot.gov/projects/I25 Arapahoe Project hotline: (720) 580--2525





**PLAY-BY-PLAY:** Add up to .35% to our already competitive CD rates based on the Denver Bronco's total points scored in the next home game on **October 24, 2016**!!

If the home team scores 35 points, you score an additional .35% too!

**HURRY- HURRY!** Open a new 2, 3, 4, or 5-year term CD by **5:00 pm (MST) October 24**. Only the first \$1.5 million will receive the special rate increase.

**COMPETITOR REVIEW:** Metrum Community Credit Union is *your* home team, and our goal is to help you earn more!

**JOIN THE TEAM THAT WINS!** Get in the game by calling 303-770-4468, or by visiting our Centennial Branch. MCCU members can also open their CD online via the It'sMe247 Online Banking.

	APY	HOME TEAM SPECIAL (Earn up to .35% more!)
letrum CU	1.00%	1.35%
Vells Fargo (26 month)	0.20%	MCCU is paying 400% MORE than the competition
st Bank	0.20%	
hase	0.05%	
YEARS		
letrum CU	1.20%	1.55%
Vells Fargo (39 month)	0.30%	MCCU is paying 300% MORE than the competition*
st Bank (42 month)	0.30%	
hase	0.05%	
YEARS		
letrum CU	1.45%	1.80%
Vells Fargo	Term not offered	MCCU is paying 1350% MORE than the competition*
st Bank	Term not offered	
hase	0.10%	
YEARS		
letrum CU	1.75%	2.10%
Vells Fargo (58 months)	0.50%	
st Bank	0.60%	MCCU is paying
hase	0.25%	I92% MORE

<sup>1</sup> Annual Percentage Yields effective as of 8-22-16 and are subject to change without notice. \$1,000 minimum balance required to open CD with Metrum Community Credit Union. Additional terms and Jumbo rates are available, call for more details. Membership eligibility and \$25.00 minimum balance required in Base Share Savings when opening an account with MCCU. Comparison rates were provided on the corresponding financial institutions websites and listed as their current rates based on an opening balance of \$2,500. APY assumes funds remain on deposit for the full term. <sup>2</sup> Home Team CD special rate increase is up to .35% and is based on the final score of the Denver Bronco's game noted above. \$25,000 max CD per member. 2-year early withdrawal penalty applies. The Denver Bronco's and the NFL are not affiliated with this promotion or Metrum Community Credit Union. 3 competition rate comparison uses MCCU base rate and highest rate paid by competitor listed. **Federally Insured by NCUA** 

#### Briarwood Boulevard Water Main Break

A few of our neighbors were in for quite a shock a little before six in the evening on Thursday, July 21. They turned on their water to find it dirty, brown, or barely coming out of the faucet. A water main broke beneath Briarwood Boulevard between Uinta Street and Valentia Street. Arapahoe County Sheriff, South Metro Fire Rescue, and City of Centennial Public Works all arrived at the scene quickly to control traffic and isolate the damaged section of pipe. Hundreds, if not thousands, of gallons of water forced its way through the rocky road base and pavement, causing the asphalt to buckle and create a sink hole. The end of Briarwood Boulevard was heaved up about a foot higher than its normal level. As workers from Centennial Public Works shut the water off in the damaged section of pipe, curious neighbors and residents from nearby homes came out to investigate all the activity. The kids in the crowd were able to splash around in the puddles as the last trickles of water made its way down to the creek. By Friday morning, Southgate Water & Sanitation District had the water main repaired; however, the street remained closed for the following two weeks as the City of Centennial scheduled a contractor to come out and repair the road base and pavement. Once the street was fully repaired, it was once again opened to the public with life resuming to normal in Walnut Hills. Brian Bern

Neighborhood 12 Representative





#### South Suburban October Activities

#### Knitting 101

Ages 18 and up Sat, Oct 1 – 8, 9 – 11 am, Lone Tree Recreation Center Learn the basics of knitting for ages 18 and up. Beginning projects include scarves, hot pads and slippers. Price: \$33 Resident, \$39 Nonresident.

#### Boom Flag Football

Ages 3-6

Mon, Oct 3-24 and Oct 31-Nov 14,1-2 pm, Lone Tree Recreation Center

Boom Sports presents Boom Flag Football which uses a series of fun-filled games designed to flourish motor skills while incorporating the fundamentals of flag football. Price: \$57 Resident Youth, \$59 Nonresident Youth

#### Young Yogis at Goodson

#### Ages 6-12

Tues, Oct 4-21, 4:15-5 pm, Goodson Recreation Center Bend, stretch, strengthen, and increase flexibility in body and mind. Through poses, breath work, asanas, and a lot of laughter, kids will learn the physical and mental benefits of yoga and how it complements our daily lives and other athletic endeavors. Price: \$15 Resident Youth, \$17.25 Nonresident Youth

#### Water Yoga at Buck

Ages 10 and up

Tue, Oct 4 -25, 4 -5 pm, Buck Recreation Center Traditional yoga performed in the warm water therapy pool. Ideal for those who love the water or have difficulty holding traditional poses. Aids in circulation, rehabilitation and reduction of stress. Price: \$37 Resident, \$45 Nonresident

#### FREE Equipment Orientation at Goodson

Ages 10 and up (Ages 10-13 may attend with a registered adult)

Wed, Oct 5, 11:30 am – 12:45 pm and Sat, Sep 10, 9 – 10:15 am, Lone Tree Recreation Center

Tue, Oct 11, 9-10:15 am and Thu, Oct 20, 6:30-7:45 pm, Buck Recreation Center

Fri, Oct 14, 9 - 10:15 am, Goodson Recreation Center Attend a general orientation session with a personal trainer in a group setting to learn safe and proper use of a variety of cardiovascular and weight machines.

#### Friday Nite Xtreme

#### Ages 6 - 13

Fri, Oct 7, 6:30 - 10 pm, Family Sports Center Join us for Friday Nite Xtreme the 1st Friday of every month from 6:30-10 pm. Activities include: Ice skating, laser tag, eXerGame Zone, climbing wall, bumper cars, inflatable obstacle course, and more. Price: \$12 Residents, \$14 Nonresident. Fee includes all activities. Concessions and arcade games extra. Register online or at the door.

#### Blood Screening

Ages 18 and up, unless accompanied by parent/guardian 7:30 - 9 am

Tue, Oct 18, Lone Tree Recreation Center Wed, Oct 19, Goodson Rec Center Thu, Oct 20, Buck Recreation Center

### Why choose Andersen Realty?

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#### Fri, Oct 21, Family Sports Center

University Hospital professional staff screens cholesterol and over thirty other blood components. Drop-in basis, no appointments needed. 12 hour fast required. Minimum age of 18, unless accompanied by parent/guardian. Price: \$40

FREE Tesoro Cultural Center's Art and History Lectures Ages 10 and up -Sat, Oct 29, 4-5 pm, Buck Recreation Center

Join us a lecture by Joy L. Poole about Dr. Rowland Willard. Dr. Rowland Willard was the only doctor to examine famed mountain man, Hugh Grass, subject of the Oscar-winning film, The Revanant. Lecture FREE registration required.

#### Friday Walkabout

Ages 18 and up, 9 am - 12 pm Oct 7 - Bear Creek Trail - Platte River to Bear Valley, Register/Cancel by Sep 29

Oct 14 - Clear Creek Trail - Youngfield Trailhead to Anderson Park, Register/Cancel by Oct 6

Oct 21 - Rocky Mountain Arsenal-Lake Ladora Loop, Register/Cancel by Oct 13

Oct 28 - Fairmount Cemetery - Cherry Creek Trail, Register/Cancel by Oct 20

Enjoy a full-day hike while exploring some of Colorado's most beautiful trails. All hikes range from 4-6 miles. Outdoor Recreation trips require good physical condition and the ability to walk with moderate to strenuous elevation gain. Price: \$8-\$10 Residents, \$10-\$12 Nonresidents

#### Pickleball Clinics

Ages 18 and up Tue, Oct 4, 12 - 2 pm, Sheridan Recreation Center Mon, Oct 17, 6 - 8 pm, Cornerstone Park Wed, Oct 26, 2 - 4 pm, Lone Tree Recreation Center Sat, Oct 29, 9-11 am, Goodson Recreation Center Geared towards beginners, these one-time, two hour

sessions are for adults. Come learn the basics of the sport while meeting new friends. Price: \$10 Resident, \$14 Nonresident

#### Pickleball Bootcamp

Ages 18 and up

Sat, Oct 1 - 22, 1 - 3 pm, Goodson Recreation Center Fri, Oct 6 – 27, 12 - 2 pm, Cornerstone Park Join us for this four week long session for beginner and intermediate Pickleball players, to learn the basics of this badminton/tennis/table tennis-like sport and improve your game. Price: \$40 Resident, \$48 Nonresident

Parents Night Out Ages 5 – 12, boys and girls Fri, Oct 21, 6 – 9 pm, Goodson Gymnastics Facility Enjoy a night out while your kids are safe and entertained in our state-of-the-art gymnastics facility. Activities will vary but may include obstacle course, tumble trampoline, parachute games, flying belt and more. Please feed your children before attending this program or send a snack. No food or

beverages supplied. Price: \$18 Resident, \$23 Nonresident (at the door), \$15 R, \$20 NR (early registration)

#### Five Halloween Events:

#### Spooktacular

For ages 11 and under Fri, Öct 14, 5:30 - 8 pm, Goodson Recreation Center

A safe "trick or treat" experience! Children will enjoy Little Monster's Mansion, Haunted House, Cookie Walk, Arts & Crafts, Face Painting, Spooktoddler, Trick or Treat Street, and Carnival Games. Children must be accompanied by an adult age 18 or over. Price: \$6 at the door, \$4 prior to Oct 12 at 7 pm

#### Haunted Trail: Woods of La Llorona

#### Ages 9 and up

Fri, Oct 28, 6:45 - 9:30 pm, South Platte Park

Legend says La Llorona haunts rivers calling for her lost children. Do you have the courage to walk her woods by moonlight? Refreshments and a warm fire wait for you at the end, if you make it! Price: \$15

#### Zombie Fest

Ages 5 and up

Sat, Oct 22, 1- 4 pm, Family Sports Center Come enjoy a Zombie hunt laser tag challenge, the eXerGame Zone, inflatable obstacle course, bumper cars, climbing wall, and more! Price: \$12 Residents, \$14 Nonresidents

#### Haunted Hav Rides

Storytellers narrate a fun tale while you rumble down a trail inhabited by spooky Pirates of the Caribbean for 30 minutes of family Halloween fun. Enjoy food concessions and a petting zoo inside the barn before or after your ride. Must check-in 30 minutes prior to your ride time. Youth ages 16 & under and must be accompanied by an adult. Rides go rain or shine! Price: \$12

#### Hoofin'it Through the Hollows 5k

Runners of all ages and abilities Sat, Oct 22, 2016 5:45 pm, deKoevend Park along the High Line Canal

Bring the entire family, including the dog, out for this 5K Halloween celebration. Dress in your Halloween best for a chance to win various costume contests. Stay after for s'more campfire roasting. Price: Early Registration \$15 for adults, \$5 for 14 & younger





7200 E. Dry Creek Rd. Suite B204 \* Englewood, CO 80112 \* www.mauzies.com Martha A. Mays Owner/Artist 303-779-9300







Annual Open House Saturday, November 12<sup>th</sup> 10 am to 7 pm Food, Drink and Giveaways!

#### Coyotes in Walnut Hills

Coyotes have been very active in Walnut Hills this year. Many neighbors have had dogs and cats snatched from their yards when they were in their yards with their pets. These coyotes have little fear of humans. They have not responded to hazing. The attacks have happened at all times during the day and night--not just at dawn and dusk. People have also felt threatened by aggressive coyotes when they have tried to haze them.



Please contact Centennial Animal Control at 303-325-8070 if your pet is attacked or if you encounter aggressive/unafraid coyotes. (They will try to keep track of the number of attacks.) If you believe that the City of Centennial, South Suburban Parks and the Department of Parks and Wildlife should take more action to control the coyote problem in our neighborhood, please call Justin at the Department of Wildlife at 303-291-7131 and your city council representatives Mark Grotto at 303-754-3407 and Ken Lucas at 303-754-3367. This action should include professional hazing of coyotes and removal of overly aggressive/threatening coyotes. Never feed coyotes. If you see coyotes in yards or walking down the street, yell, wave your arms or blow air horns. Throw rocks if you can do it safely. Don't just watch them. We need to work together to take back our neighborhood.

If you have animals, do not leave them outside alone. A 6 foot fence does not protect your pets---coyotes can easily jump over it. Keep your pets close to you when you're outside---coyote will grab pets and run. Coyotes might be hunting in a pack---even larger dogs cannot defend themselves against 2 or 3 coyotes. Cats should never be allowed outside. If you have new neighbors, tell them about our coyote problem.

From just the emails we have seen, we have had over 15 pets attacked and/or killed in Walnut Hills this year. That means the 'real' number is much higher. Don't let your pet become a statistic

Carol Bradley and Amber Ambrose Filler



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#### For more information, please call:

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#### Walnut Hills Elementary



Last month I was truly honored and humbled to be featured in your newspaper. WOW! Not in my lifetime did I think I would be in a newspaper. Thank you for welcoming me and making me feel at home. I am truly grateful.

I thought for my first article, I would share who I am as a leader with all of

share who I am as a leader with all of you. My core values that guide me daily are integrity, equity, safety, connections, teachers and kids. I work to empower all members of our school community and allow for voice in decision making. I work hard to increase trust, and build upon strengths of those I serve. As we work hard to increase student achievement, I will never ask my streff exchool community to do anything I am not willing to we work hard to increase student achievement, I will never ask my staff or school community to do anything I am not willing to do myself. I promise to give 100% of myself in this role. I work hard to ensure our school is equitable and just. I am committed to building strong, authentic relationships with all members of our school and community. Leading with integrity, never forgetting to listen and making decisions based on what is best for children is my commitment to you and our school my commitment to you and our school.

Walnut Hills is a fabulous neighborhood school! The mission of Walnut Hills is to provide its students with the optimum-learning environment wherein all children can feel confident as learners and contributors. A school where all children regardless of race, culture, background, and/or circumstance are welcomed, loved, and served. Walnut Hills is committed to educating the head, heart, and hand of each child. Our goal is to prepare our students for middle school, high school, college and beyond.

I am extremely excited and honored to have been chose to be the principal of Walnut Hills. This is the absolute best work on earth! I look forward to meeting more and more of you. I personally invite all of you stop by and see firsthand what makes our school so special. Warmly,

Teolyn Bourbonnie - Walnut Hills Principal

#### Walnut Hills Elementary Celebrations

# Veteran's Day Celebration Thursday, November 10, 2016.

All Veterans are invited to join us for coffee & treats starting at 9:30 a.m. The celebration assembly will begin at 10:00 a.m.

#### Turkey Trot Tuesday, November 22, 2016

Grandparents, Grandfriends and Parents are invited to our school to visit with their students, visit their classrooms and join in on our Turkey Trot Celebration. Arrive for tea and coffee in the Library 1:30 - 1:45 pm, Classroom Activities from 1:45 - 2:15, Turkey Trot begins at 2:15 - 3:15.

Please call the school at 720-554-3800 with any questions. Thank you

Nancy Moore Walnut Hills Elementary Secretary/Registrar 720-554-3800



### Dry Creek Elementary Celebration



Dry Creek Elementary Veteran's celebration will be Wednesday, November 9th. Reception at 9:15 am followed by a program honoring the veterans at 10:00 am. Please let me know if I can answer any questions. We would love to have as many neighbors there as possible!

Natalie Proctor Secretary/Registrar Dry Creek Elementary 720-554-3301 nproctor2@cherrycreekschools.org

#### National Night Out 2016 Donna Senn

National Night Out (Get to Know Your Neighbors) was a great success. The band "Juice O'The Barley" kept the toes tapping all night. Friends and neighbors brought chairs and blankets and enjoyed the BBQ from BONO's till eight. South Suburban Parks and Recreation booth with their furs and pelts was a delight to kids both young and old. Arapahoe County Sheriff's Police Car, SEMSWA Truck, and South Metro Fire Truck, all there on display, encouraging everyone to "Get Close and Ask questions." It was good to see Mark Gotto (one of our City of Centennial representatives), walking the park greeting people and answering questions, and meeting the new principal from



Walnut Hills Elementary, Teolyn Bourbonnie. Ed Smith (ICD Designs) with his T-shirts, Jack DeFez changing lives through supplements, Lynne and Jennifer with their soaps and bath products. And of course the Metrum team and their spinning wheel teaching kids about money (and giving money away!) Last but not least, were the Neighbor Representatives from Walnut Hills Civic Association who sponsor this event, do the volunteer work, and have for years. They really know how to put on a Block Party! We thank you all. See You next year August 1, 2017 6 to 8 pm behind Walnut Hills Elementary School, and plan on tapping your toes!

Photography Jesse J Alcorta



2009 - \$2,500 each

## Letter to the Editor

Thanks for your support Over thirty years ago Diane Graham,

who established the Walnut Hills Scholarship Fund, asked me if I would serve on the Walnut Hills Scholarship Board. I was honored to be asked. I had worked on several scholarship

programs during my thirty years as a College Counselor at Cherry Creek High School.

After a couple of years Diane asked me if I would coordinate the scholarship program. I selected a couple of residents to serve on the board with me. Joan Rowe, Eric Schultz, along with Diane and the help of my wife, Jan, became the board for over the next thirty years.

We set up a new and more usable application and process to apply for the scholarship and a better selection process for the winners. At about the same time, I was serving as treasurer of the Walnut Hills Civic Association, and suggested we give the residents of Walnut Hills a means by which anyone (everyone) could contribute to the Walnut Hills Scholarship Fund. This would supplement the valuable contributions of the WHCA and the W.H. Newsletter. The WHCA suggested we add a line for contributions on the dues form that was sent to all the residents of Walnut Hills.

This was done and the response has been overwhelming. Contributions came in with surprising amounts. The number of scholarships and the amount of the scholarships began to increase. It became apparent that the community felt that the scholarship program was something that they strongly endorsed and supported - A list of the scholarship contributors was in an earlier edition of the Newsletter. Needless to say this would have never taken place without the support of the Walnut Hills Community. It is evident that the community cares about its' young people and their education.

It is now time, after over 30 years, that I move on and turn the board over to an outstanding group of new board members; Scott Bess, Peggy Castle, Laura Klee, and Bill Philpott. Diane Graham and I will serve as exofficio members for a short time.

However I could not leave without giving my heartfelt thanks to the wonderful residents that live in Walnut Hills and have supported the scholarship program and to the outstanding students who have earned the scholarships. To my knowledge the Walnut Hills Scholarship Fund is the only neighborhood scholarship program that exists. We should be very proud.

Thank You Very Much,

John Fuller



1988 -\$500 each Lauren Hill Jennifer Endsley Suzanne Westphlen

1989 - \$500 each Jennifer Eberhardt Sue Kempton

Amy Anderson

Listing of and Amount of Walnut Hills Scholarship

1999 - \$800 each Patrick Reiman Melanie Koeneke

2000 - \$1,500 each Ian McCarty Adam Rowe

Holly Smutka 2001 - \$1,700 each Tyler DeWeese Nicholas Eyl Megan Mader Paige McAuliffe 2002 - \$1,700 each Andrea Craven Nicholas DeWeese Christine Hoffman Hilary Rowe

2003 - \$1,800/\$900 Anton Bondrenko Jeffery MacKinnon Amy Seng Laura Shunk Brittany Szczech

2004 - \$2,000 each Megan Craven Aaron Eisenberg Colin McAuliffe Emily Milian 2005 - \$2,000 each

Heather Ámen Rebecca Brofft Suzanne Settambrino Kailani Yaksich

2006-\$2,000/\$1,000 Olivia Gallion C.J. Hoover Grant Pettegrew Adam Shunk Graham Career Award Charles Amen

2007 - \$2,500 each Leah Brinks Ashely Harmening David Lee Molly Nowels

#### 2008-\$2,500/\$1,000 Gregory Barnes Lauren Greenwell Arian Moghtaderi-Zadeh Zach Plunkett Graham Career Award Tamara Daniels

Kelly Bernardis Kelly Brofft Weston Sherwood Charissa Standage 2010-\$2,500/\$1,000 Rachel Barnes Darin Lammers Allison Loyer Erica Lux Hannah Johnson

> 2011 - \$3,000 each Heather Job Dennis Mai Brian Styerwalt

2012 - \$3.000 each Mikayla Ćaldwell Alison Lammers Austin Smith

2013 - \$2,500 each Alexander Hamilton Joyce Ling Austin Strain Brian Zuber

2014 - \$2,500 each Steven Benfield Yao Li Connor McPherson Stacey Zuppa

2015 - \$2,500 each Nicola Benfield Elizabeth Fugikawa Thomas Fugikawa Kaitlyn Lupinetti Andrew Saiz

2016 - \$2,500 each Cailey Bosman Lacey Gottschall Paige Koenig Dakota Wolner Chereen Zahner

Totals equal 135 students from 1972 through 2016 equaling \$189,000.00



#### 4-H Information Night for Parents and Youth October 6th

4-H builds leaders by offering youth opportunities to learn about agriculture, robotics, photography, animals and more. Interested youth and their parents are invited to learn about Arapahoe County's 4-H program by attending an Information Night 7 p.m., Oct. 6 at the Arapahoe County CSU-Extension Office, 6934 S. Lima St., Suite B, Centennial, 80112.

The program offers more than 60 general, home economics and animal project areas for youth ages 5 to 18. A project involves learning a new skill over several weeks or months through hands-on learning.

Some of the County's most popular projects are shooting sports, cake decorating, clothing construction, rabbits and dogs. Small animals can be raised in most cities and give 4-H youth who live in urban settings the opportunity to learn about raising animals. Cats are another new animal project and the cat project caps off with a Cat Show at the County Fair.

4-H also offers numerous STEM projects, such as robotics and rocketry. At the 2016 Colorado State Fair, Sanjana Senthil, a first year 4-H member, won Grand Champion for Robotics.

Children under the age of 8 participate in the Cloverbud project, where they learn about a variety of topics and have fun in a noncompetitive setting.

At Information Night, children will be invited to participate in a National Youth Science Day experiment and other activities while parents attend an information session. Parents will have the opportunity to ask questions and learn how to enroll their children.

Arapahoe County 4-H members are invited to show their completed projects at the Arapahoe County Fair each July and top exhibitors have the opportunity to show at the Colorado State Fair. The County also hosts optional contests throughout the year, such as cake decorating, speech demonstrations, creative cooks and a talent show. 4-H youth also participate in community service projects, fundraisers, conferences and camps that help to grow their leadership skills.

Currently, there are more than 300 members in Arapahoe County's 4-H program. Youth are welcome to join one of the 14 local clubs from Littleton to Deer Trail, or start a new club with a group of friends and an adult volunteer.

For more information or to receive a list of current 4-H clubs, please call the 4-H Office at Arapahoe County CSU-Extension at 303-730-1920 or visit http://arapahoe.extension. colostate.edu/. The annual fee for new members is \$50, which includes any number of projects with curriculum. The fee for Cloverbuds is \$40 and the volunteer fee is \$5. Enrollment is open until April 1, 2017.



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#### Arapahoe County Council on Aging Presents the Series: The Dynamics of Aging

This series includes monthly seminars on relevant topics concerning older adults. Whether you are an older adult, have an elderly parent, or act as an advocate on behalf of older adults, this series will be of interest to you.

The FREE October, November, December seminars are held on the second Wednesday of each month, from 11:15-12:30 at Buck Recreation Center, 2004 W. Powers Avenue, Littleton, CO 80120

## October 12: Medicare 101 — A look at the different components of Medicare

This presentation focuses on Medicare coverage. Included too, is a discussion about resources available for people who are unable to afford medical or prescription costs (through low-income subsidy and/or Medicaid), and how these work together with Medicare. Additional topics covered are: Medicare enrollment periods, eligibility requirements, and extra benefits such as vision, hearing, and SilverSneakers, available through some health plans.

- Presenter from United Health Care
- Refreshments provided by: Littleton Chapter, Alpha Delta Kappa

#### November 9: Stryker Orthopaedics Summit Surgical

A physician from Summit Surgical will discuss arthritis of the hip and knee and the latest advancement is surgical and non-surgical treatment options. The physician will also introduce participants to Denver's FIRST Make Robotic Assisted Hip and Knee programs.

- Presenter from Stryker Orthopaedics Summit Surgical
- Refreshments provided by: Cherry Hills Assisted Living and Memory Care

#### December 14: The History and Mysteries of Christmas Carols

Join us for a special holiday-themed event, complete with hot chocolate, carols, and interesting stories about some of our most beloved holiday music.

• Presenter from South Suburban Parks & Recreation. Please register at www.sspr.org or by calling 303-347-5999 for the series or for individual presentations.



#### Page 10

Page 10 Walnut Hills New	vsletter October / November 2016	
Next Deadline November 15th walnuthillsnewsletter@gmail.com	Walnut Hills Newsletterwalnuthillsnewsletter@gmail.comEditor - Ilsa GreggAdvertising ManagerDistribution Manager720-514-9755Donna SennWill Senn303-741-2065303-741-2065303-741-2065	
Love Where You Live? You Can Make it Even Better! Walnut Hills Volunteer Opportunities There is one opening for a volunteer Board Member (neighborhood 7). Map available at walnuthillscolorado.org Please volunteer 2 hours a month to keep Walnut Hills a wonderful place to live. The Walnut Hills Civic Association (WHCA) Board of Directors' regular monthly meetings are held the 2nd Thursday of each month at Metrum Community Credit Union, 6980 S. Holly Circle at 7 pm. Board meetings are open to all Walnut Hills residents. Join Us! Andrea Suhaka - Neighborhood 2 Monica Danfelser - Neighborhood 14 Myra Garcia - Neighborhood 4 Donna Senn - Neighborhood 5 Julie Gamee - Neighborhood 8 Traci Pole - Neighborhood 10 Brian Bern - Neighborhood 12	CLASSIFIED ADSPRIVATE MUSIC LESSONS Violin, Viola, Bass, Electric Bass, Beginning Guitar Long time Walnut Hills Resident 30 Years Music Teaching Experience! Dan Christian 303-908-3322 dharroldchristian@gmail.comHOME REPAIRS & HANDYMAN SERVICE Deck and Fence Restoration, Painting, Repairs, etc. WH resident Mark 303-968-4454 www. hitthedeckrestoration.com"GET A GUY" Over your head? Computer help and Smart Phone updates, Home Repairs and Yard Maintenance. Marc 303 368 8313PERSONAL CARE FOR SENIORS companion care, light house cleaning, transportation. Mai Horiagon 720-215-1084.PET AND HOUSE SITTING Walnut Hills Mother and Son team will care for all creatures and/or watch your house. No job too small. Have references. Call Senn Family @ 303-741-2065HOME REPAIRS & REMODELING Small jobs welcome. Tile work, baths, kitchens, and general carpentry. WH resident Jim #303-880-8830.	
Halloween Pet Parade and Costume Contest Benefitting Nisł When: Mon, Oct 31 from 3-7pm Fee to enter: \$10 per dog Where: Lil Angel Pet Boutique and Gallery Address: 1014 S Gaylord St, Denver Questions: 303-777-0224 What: Pet Parade & Costume Contest, Photo Op, Child Safe Street, Merchandise & Refreshments for sale Schedule: 3:00 - 4:00pm Register for parade and contest. 9:00-7pm Photo Op 3:00-7:00pm Child Safe Street 4:30pm Pet Parade 5:15pm Costume Contest. Prizes awarded in 6 categories Volunteers needed: contact mishamayfoundation@gmail.com After 7pm there will be an Adult Pumpkin Beer Festiva!! FREE Intro to Classes and Programs Nov 19 from 10:00-11:15am NO DOGS Location: Private home in Lakewood near Wadsworth and Alameda (exact address will be sent upon RSVP) RSVP to mishamayfoundation@gmail.com Which Class or Private In-Home Session will help most? Are you interested in training for your dog, help with a behavior problem or just understanding him better? This FREE Intro will help you decide what choices to make.	Program – ge to avior your need in will answer her/ coffered in ist one more ay half of der is due Help bring needed attention to dangerous driving in the neighborhood. Consistent complaining by everyone who sees speeding is the only way to get the help we need. Call every day! Thank You! Recorded Traffic Complaint Line - 720-874-3825 ICD Designs, Inc. 303-383-1388	
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