

Walnut Hills Newsletter

A Beautiful Community of Families, Friends and Neighbors for over 50 years

Achievers Best Describe 2014 Walnut Hills' Scholarship Winners

It is with a great deal of pleasure that we announce the four winners of the 2014 Walnut Hills' Scholarships. They are a very active and dedicated group of students. The 2014 applicants were the largest and most outstanding group of students that have ever applied for the Walnut Hills' Scholarships. Due to the continued support of the residents of Walnut Hills, the Walnut Hills Civic Association, the Walnut Hills Newsletter, and private donations, the Scholarship Committee decided last fall to offer four \$2,500 scholarships. The amount of \$10,000 continues to equal the largest amount ever offered.

The winners of the 2014 Walnut Hills' Scholarships, in alphabetical order, are: **Steven L. Benfield**, son of William and Kimberly Benfield of

Walnut Hills. While maintaining a 4.15 Grade Point Average in mostly Honors and Advanced Placement Courses, Steven has been an active Soccer player and referee, both in a recreational league and in a competitive league since he was in middle school. As a means of contributing to the community, he was a volunteer for Habitat for Humanity. In order to enroll in advance math courses at Cherry Creek High School, he registered and completed a year of algebra through Stanford University's EPGY program and honors geometry while in middle school. As a senior he is one of the top students in a college level Honors Calculus and Differential Equations. Steven has also been active in music. He has been in Honor Band, Marching Band and was chosen as an alternate to the All State Jazz Band for two years. As a 'Life Long' resident of Walnut Hills his counselor comments, "He is polite, mature and goal oriented." For several years it has been Steven's goal to become an engineer. He plans to attend Colorado School of Mines in Golden.

Yao Li, daughter of Bingwei Li and Jianfeng Yao of Walnut Hills. One outstanding quality of Yao is her academic ability and achievement. She has taken a total of 13 Advanced Placement (AP) courses and an additional 9 Honors courses with a 4.8 Grade Point Average, ranking her in the top of her class at Cherry Creek High School. She also serves as president of the French Honor Society and the Animation Film-making Club. She serves as a "very dependable" Teen Volunteer at The Walnut Hills Castlewood Library. Yao has received national recognition by the National Teachers of English (NCTE) for her writing. She is a National Merit Scholarship Finalist, National Advanced Placement Scholar, a finalist in a National High School Writing Contest, and in a nationwide French contest, she was fifth in the United States. Yao also missed having a perfect score on her ACT College Test by just 1 point. Her English Teacher says, "She is an outstanding student. Her insights are acute and her writing exceptional, both amply matched by her curiosity and passion for learning."

Yao plans to attend Harvard University in Cambridge, MA, and major in Computer Science.

Connor D. McPherson, son of Douglas and Kimberly McPherson of Walnut Hills. While Connor has a number of outstanding qualities, tennis stands out. He has been a four-time state champion, twice as a member of a doubles team and twice as number 2 singles and was named 'All State' all four years. As a senior, he was selected team captain of the nationally ranked Cherry Creek High School's Tennis team and individually ranked as high as #170 in the nation. However, tennis is not his whole life. His academic recognition's include being an Advanced Placement Scholar, a member of National Honor Society, receiving the

English Department's Award for Excellence, and Coach's Academic Award four times. With all of this, Connor has found time to be a Volunteer for Special Olympics and the Mile High United Way. He has also been a writer for the Cherry Creek High School newspaper since his freshman year and writing, along with tennis, has become one of his passions. His counselor states that, "He has never backed down from a challenge and he continues to push himself to always reach his potential from within." Connor plans to attend The University of Colorado in Boulder and major in Journalism.

Stacey L. Zuppa, daughter of Mark and Karen Zuppa of Walnut Hills. She has been very active in academics, athletics and student government throughout her high school career. Academically, she has been in Littleton High School's International Baccalaureate (IB) program for all four years of high school and maintained a 4.6 Grade Point Average. Athletics have been an important part of Stacey's life where she was selected as the Top Scholar Athlete. Her favorite and most successful sport is Lacrosse, which she started as a sixth grader and in high school as a four year letter winner. She was also selected as LHS "Most Valuable Player" Academic All American and First Team All Conference in Lacrosse. She also participates in Cross Country and Basketball. She serves on Student Council as an Ambassador and was elected senior class public relations officer. Her counselor comments, "in leadership, my view of her is unique in that I see how she handles pressure, delegates responsibility among her peers and achieves important deadlines." Stacey plans to attend Duquesne University in Pittsburg, PA, and major in Biology.

One can hardly read about the involvement and dedication of these fine students without taking great pride in them and their accomplishments. The other applicants, while not selected, were outstanding candidates. The scholarship committee is proud of the way in which these students represent their families, our community, and their school. Congratulations!

Submitted by the Walnut Hills' Scholarship Committee

Walnut Hills Scholarship Program What, When, & How

By John Fuller
Member, Walnut Hills Scholarship Board

There have been some questions about the Walnut Hills Scholarship Program and I thought this might be a good time and place to give those residents who are not familiar with the program some background and how the program works.

The Walnut Hills Scholarship was started in 1972, by the Walnut Hills Women's Club. Mrs. Pat Carson was the Scholarship Chairman for the Women's Club. Jeanne Gamble (later to become Principal of Smoky Hill High School) was the first winner of a \$300 scholarship. Money for the first few scholarships was raised by the W.H. Women's Club by means of various money raising activities such as neighborhood pot lucks, bridge tournaments, and the support of the Walnut Hill's Garden Club. The Scholarships in the 1970s amounted to \$300 to \$500, with just one winner each year.

The first Walnut Hills Newsletter was published in 1964, by hand, by the Women's Club. In the early 1980s, the Newsletter was printed in newspaper format, allowing for larger, regular advertisements, by Jim and Diane Graham. The scholarships were then increased to four \$500 scholarships each year. For a few years, the scholarships were only granted to students going to Colorado Colleges, but that was soon changed. By now, the Women's Club had pretty well disbanded and the Newsletter advertising had become the sole support of the Scholarship Fund. With the support of Diane, Jim and their daughter, Sandy Korn, volunteering their services to print the paper, and loyal advertisers, the Newsletter was able to support the Fund, giving three or four scholarships each year, worth about \$500, totaling about \$2,000 per year. It was hoped that the interest from the Fund could support the future scholarships, but we all know what has happened to interest rates. In 1993, Diane Graham applied for and received approval as a Nonprofit 501-3-c Corporation for the Walnut Hills Scholarship Fund. In 1996, Jim and Diane retired as editors and publishers of the W.H. Newsletter. Since that time, a number of W.H. residents have served as editors and publishers. Since the Walnut Hills Women's Club has long-since been disbanded, the administration of the Newsletter has become the responsibility of the Walnut Hills Civic Association. In 1998, while serving as Treasurer and Board Member to the W.H. Civic Assn. (WHCA), I proposed that we give W.H. Residents the opportunity to donate directly to the scholarship program with their dues. The WHCA agreed to sponsor one scholarship and the Newsletter continued their support. Thanks to the resident's contributions, the value of each scholarship increased to \$1,500. Soon the total amount to be awarded reached \$8,000 with support of the Newsletter and the WHCA. Since 2000, the total amount of each scholarship has been about \$2,500. For the past several years, three or four scholarships have been awarded for a total of \$10,000 per year.

In 1999, I agreed to become chair of the Walnut Hills Scholarship Fund and set up a Board consisting of four W.H. Residents and Diane Graham to administer the scholarship program. The Board makes all administrative decisions such as amounts of the scholarships, application format, and the criteria of awards. These are: Scholarship, Leadership, Character, Maturity, Contribution to school and community, and future promise. It was decided that a Selection Committee serve outside the Board, but selected by the Board. The Selection Committee usually consists of four W.H. Residents and at least two people that have had professional responsibilities with scholarship programs. Their names are kept anonymous for obvious reasons. All scholarship applications are read by all six members of the Selection Committee and their ratings are compiled to name the scholarship winners that are published in local papers including the Walnut Hills Newsletter and The Villager.

This year there were 15 very good applicants and the competition was extraordinarily close. A special thanks to all the applicants and congratulations on all their accomplishments. We wish them well in their future plans.

W.H. Scholarship recipients since 1972 now total 125 high school seniors for a total amount of \$164,000. A tremendous accomplishment. Ours is the only neighborhood scholarship program of which I am aware. W.H. Residents should be very proud of this program. We thank you for your support.



Steven Benfield



Connor McPherson



Yao Li



Stacey Zuppa

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Walnut Hills Neighbors

by Frank Haskett



The first thing that you notice about Cyrille "Cy" Duperret is his smile. He smiles a lot. Cy was born in Lyon, France in 1963, where he attended Catholic schools from K thru 12. Then a college preparatory school and then to the University of Orleans (remember Joan of Arc?). By the time he finished, Cy had the equivalent of a masters degree in chemical engineering, graduating in September of 1987. Unlike us, they have no cap and gown, no graduation ceremony, no parties, etc. You are just informed that you have graduated. The last six months Cy was an intern at the University of Utah in the department of metallurgical engineering. It was where he met his future wife.

As a student Cy was president of "Engineers Without Borders." After graduation he had to serve in the French army or perform equivalent service, roughly like our "Peace Corps." So Cy went to the former French colony of Ivory Coast where he taught for one and a half years. The language used was French or English (he also speaks German and is learning Spanish). He ended up teaching chemical and materials engineering to students from various counties of west Africa.

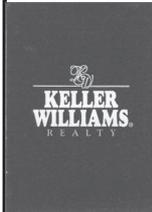
When his time was up, Cy and another teacher bought a car and drove thru north Africa. They motored thru the Sahara Desert and on into Algeria (another former French colony). Although he felt safe, he could notice that something was "up" in Algeria. A short time later a civil war broke out.

He continued back to France and getting on with the rest of his life. Cy started with a Dutch company doing what amounted to customer support—and married that coed from Utah. Two years later, they decided to come to the US and ended up in Phoenix where she had a job lined up. He soon caught on with a battery company as a process engineer. His ability to speak German helped a lot in the job. It's a little complicated, but let's just say that he went to Germany on behalf of his employer and liaised with the German company from whom they bought some technology.

After two years, it was time to move on and they headed for Colorado. The heat of Arizona was not something that either one liked. She had a job in banking and he went to work for another battery company, again doing process engineering. They were living in Castle Rock then, and after three years, he quit to go to work for a start up in Golden. Bolder Technologies was another battery manufacturer; it folded after three years. They had just moved to Walnut Hills in December of 2000 and the plant closed in January. They liked the area in general, and Walnut Hills wasn't as expensive, had no HOA and the attendant monthly dues—and a bigger yard.

Cy's next job proved to be his longest, and during that time he became a single dad with two sons. EchoStar is a satellite TV joint venture with a Swiss company. Once again his languages helped him (in dealing with the Swiss partners). After 13 years, he joined Charter Communications—just a short time ago. His title is Senior Program Manager, meaning he performs various jobs for this cable TV company. Away from the job, Cy started working for the ski patrol when in Arizona and has kept it up at Winter Park ever since he moved here. He and his sons spend a lot of time in the mountains at his condo in Fraser. They ski in winter and mountain bike in summer. He does cross country skiing and cross country skating. Cy spends a lot of time working with his church and recently finished a four year biblical school program. He also has taken his boys to the Weds. youth group meetings at the church. He attends a weekly men's discussion group. Recently, he went on a mission to Honduras and tried out his newest language! Finally, he has coached soccer, and attends his boys various activities such as gymnastics and lacrosse. Nicolas is 18 and graduated from Regis High School with honors and will go to CU in August. He will major in—what else?—engineering. Alex is in the eighth grade. Both are bilingual. And as you might suspect, Cy doesn't spend much time watching television. Although an American citizen since 2009 he has a sister Agnes in Paris and a brother Jean Luc near Lyon. He holds dual citizenship...and that nice smile.

Thinking of buying or selling a home? As a Centennial native, I understand the unique beauty that is Walnut Hills, as well as Willow Creek, and Hunters Hill. I care about the people who are going to buy your house. There is a passion involved when you love the area in which you work. I will strive to keep the integrity of the neighborhood and the people that live in it. Give me a call **and let me be your expert neighborhood REALTOR**



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In Loving Memory

Carol Miley Walnut Hills Volunteer Icon

Carol was the very definition of the words family and friend, if you were one or both, you knew it 100%. It was said of her home no matter who you were, family, friend, neighbor, stranger, girlfriend, boyfriend, wife or husband, when you were in her home, you were family and could count on love, laughter and a great meal at any time of the day. Carol was very quick witted and could crack up a room of people, including whomever she had set her sarcastic sights on. She was teasing people right up to the last minutes of her life. Walking into her hospital room to visit was much like being the guest of honor at a comedy roast.

Carol was born in Cumberland, Maryland on November 13, 1937. She married William G. Miley and they shared a lifetime together that, even 19 years since his passing, was as vibrant and real as it ever was. Carol was a homemaker, a fierce friend to many, and a pretty solid bowler.

Carol was a member of Saint Thomas More Catholic Church for over 30 years. She served as a volunteer with

the Walnut Hills Civic Association and was actively involved in many activities.

In the beginning years of the newsletter, Carol volunteered to mimeograph the pages at Walnut Hills Elementary, bringing hundreds of 8 x 14 sheets for collating on a covered pool table. All who were available pitched in for the day, assembling the newsletter, staying for lunch, and making lifelong friends. She delivered her own newsletter route for decades. She was much loved and appreciated by her friends in Walnut Hills and will be missed.

She is survived by her four children, Katherine A. (Richard) Johnson, Vickie E. Smith, Sandra L. (Eric) Kreiling, and John W. (Jennifer) Miley, all from the Denver, CO area. She had 13 grandchildren, and 7 great grandchildren. Also survived by two sisters, Mary Katherine Ritter, Solomons Island, MD and JoAnn Dressman, Cumberland, MD and one brother, Richard S. Shaffer, Virginia Beach, VA.



Bev Smith (40), Karen Clevenger (37), Carol Miley (43), Tiffany Smith (17), Sherri Alexander 32

June 4, 1980 (34 years ago)

Newsletter Crew putting the Walnut Hills Newsletter together in the basement of 8703 E. Costilla Ave. on a covered pool table - lunch and lifelong friendship included

Photograph and history from Karen Clevenger



Photography by Jesse J. Alcorta

2014 Walnut Hills Civic Association Sponsored Easter Egg Hunt

By Julie Gamec, Neighborhood 6 Representative, Neighborhood6@walnuthillscolorado.org

It was a beautiful day in the neighborhood when the Easter Bunny made her way to the Walnut Hills School Park for the 2014 WHCA Ester Egg Hunt. At 11:00 am the buzzer sounded and our excited neighborhood kids ran full blast down the hill to collect their prizes and candy. As always, every one of the 4,200 pieces found an Easter basket and a smiling face. The cookie walk and art table were well attended and we even collected a couple of WHCA dues!!

I would like to extend a special thank you to JumpStreet (our local trampoline park) for donating two of the 'special' prizes. Please, remember to support your local businesses, they make our community a great place to live! Also a very special thank you to our wonderful volunteers - Therese Hutcheson, Sara and Jeremiah Frank, Stephanie Wells, Liz Garmatz, Andrea Suhaka, Randy Lutton, Abbas Fazal, Myra Garcia, and our Easter Bunny Whitney Woodfin. Also, a thank you to all the adults who helped keep excited kiddos off the fields prior to the event.

YOU make this event (as well as the other events throughout the year) possible by paying your annual dues. Dues (and Walnut Hills Scholarship Fund contributions) can be paid by check or credit card by going to www.walnuthillscolorado.org/Dues/Scholarship. Get to your wallet and join us, you won't get more for your money anywhere!



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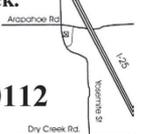
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Good Read



Walnut Hills resident, Sally Clark, is a writer who now has two published novels. Sally's first novel, **OLD MIGUEL**, was a fast moving story of time travel complete with a murder. Clark's second novel, **TABLET TALES**, addresses her personal concern with child abuse in our country. She believes

that the average citizen verbalizes the belief that child abuse is a crime, but does not want to be "involved" and therefore the crime is not reported, the child is not helped, and the abuser not punished.

In **TABLET TALES** eighty-year-old Jeremiah Scrivener, a renowned Biblical scholar, is a successful author of Christian fiction. Jeremiah can see and hear the Guardian angels, but is unaware of his true relationship with them. He worries that, after his death, there will not be another author to make adult readers aware of how much children suffer at the hands of adults. Jeremiah's grandson, Jimmy, can also see the angels and asks two questions his grandfather can't answer.

How long will crimes of abuse be committed against children? Why is suffering deliberately ignored and denied by modern society?

Jeremiah's message is that "Guardian angels love without restriction and accept without judgment. Men must learn to do the same."

Both of Sally's novels are available for purchase through Tate Publishing, Amazon or Barnes 'n' Noble. Both are published in paperback form as well for your Kindle and/or Nook. Also, you can purchase an autographed paperback directly from Sally (303-771-6449)

Pasque flowers and Bird Houses

By Bruce Ferguson

The robins understand their worms well. They know the sprinklers will bring the worms to the surface and they follow the progression of the zones. They also know that if I am weeding I might just expose a worm or two in the process. So they follow me around, though they prefer I don't notice.

Cilantro turns into coriander faster than you can pick it in the summer sun. That is why the seeds which we refer to as coriander spent the winter in my vegetable garden. I read all the time that cilantro is a summer herb but here it is now coming up in the garden even with all this cold weather we have been having.

Garlic is another herb that gets planted in the fall. A couple of years ago I simply went to the grocery store and bought a head of garlic split it up into cloves and planted it in late October. Here on May 1 we have garlic plants that are over a foot tall and growing. Chives, tarragon, lavender, oregano and thyme are also reliable perennial herbs in my gardens.

A pair of chickadees has taken up residence in the bird house I built last summer. Now when I see the female poking her head out the portal I can't figure out if it is me that is watching her or her that is watching me.

Pasque flowers, Pulsatilla patens, are slowing becoming my favorite spring flower. Some are native Colorado plants and they seem to do well here. In early spring they flower around Easter, hence the name. Though of course Easter itself tends to be an unreliable date. The flowers are

followed by wispy seed heads that remain for a long season on the stems. Unlike tulips for instance that often dry up before I turn on the sprinklers the Pasque flowers are reliable year after year. The plants can be hard to find but you can find them at a good nursery in the spring.

The irises are just coming into bloom and all this moisture is helping make it a great year for these flowers. Lifting and dividing irises seems to be something that is necessary almost every other year. I give clumps of these plants away more often than anything else. When replanting them they appreciate a bit of manure or compost and love a good sprinkling of phosphate. It is best to do this in the late summer or early fall. I prefer to wait until the weather cools a bit and there is some moisture in the air.

A pair of noisy little wrens has moved into the other bird house this week and the irises, nepeta, alliums, erodium and poppies are all in flower. The geraniums are just starting. The cute little rabbits are destroying the front lawn and of course we have extra dandelions if you are in need of some. And then of course it snowed.



Walnut Hills Civic Association National Night Out Neighborhood Block Party

Andrea Suhaka, Chair
303-770-0058, standy@ecentral.com

On Tuesday, August 8th, your Civic Association will again sponsor National Night Out. We'll have many, many informative booths, fun things for the kids to do, and a hot dog supper. Anyone with an in-home business and paid membership in the WHCA, may have a booth to advertise themselves.

We've moved this event an hour earlier to start at 6 pm and end at 8 pm. That should help folks with younger children to take part. We also hope to have live music for your listening enjoyment, with family friendly music.

Many of our special districts will be there to show you what they do and give you a chance to interact with them: South Suburban Parks & Recreation, Southeast Metro Stormwater Authority, Arapahoe County Sheriff, among others.

So, put this date on your calendar and plan to join us for information and fun!

Whole Neighborhood Garage Sale June 6 & 7

Walnut Hills Lawn & Landscape Contest

Andrea Suhaka, Chair,

During the week of June 23, three intrepid judges will drive throughout Walnut Hills checking for the best properties in our neighborhood. They only check yards that are visible from the street. So get those green thumbs moving and spruce up the yard.

Cash prizes: \$100 for first place, \$75 for second place, and \$50 for third place, oh, and bragging rights. You must be a paid Walnut Hills Civic Association member to win.

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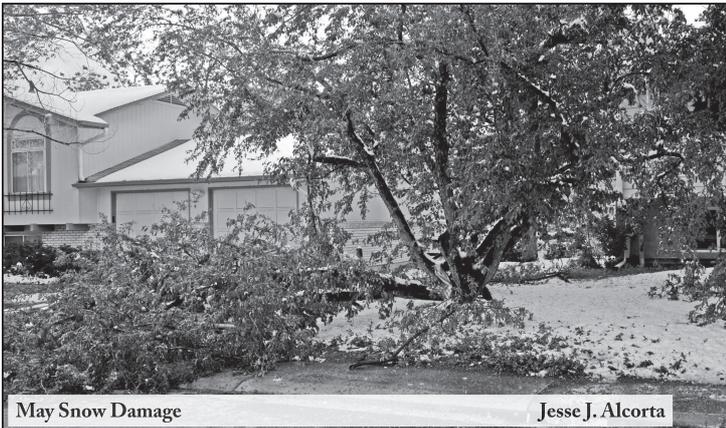
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May Snow Damage

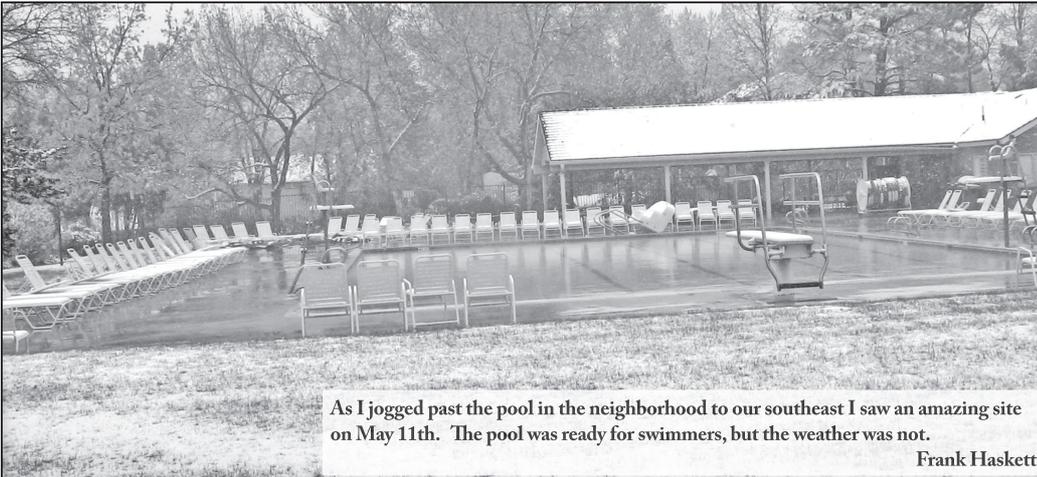
Jesse J. Alcorta

Snow Helpers

Once again we think it's time to put away the snow shovel. The weather is warming and I would like to thank everyone that helped our Walnut Hills neighbors by keeping their walks free of snow. I know you were a huge help and relief to many neighbors. Once again a big thank you for a job well done.

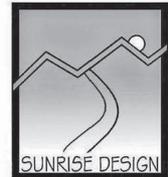
If, by chance, you need help with your snow next snow season, please call me at 303-713-1823 and I will put you on the list.

If, on the other hand, you would like to help your neighbors, I would appreciate you lending a hand. Last year we had fewer who were willing to help than those who needed help. So please call me at 303-713-1822. I need helpers. Jerryl Tippetts



As I jogged past the pool in the neighborhood to our southeast I saw an amazing site on May 11th. The pool was ready for swimmers, but the weather was not.

Frank Haskett



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Walnut Hills 4th of July Parade and Ice Cream Social

Andrea Suhaka, Chair, 303-770-0058, standy@ecentral.com

This is at least the 6th year for this annual event. It's a good, old fashioned Fourth of July! The Walnut Hills Scholarship Committee will distribute the neighborhood scholarships around 11 am, during the Ice Cream Social.

This event will be held on Friday, 4th of July and, for those interested in walking in the parade from Dry Creek School to Walnut Hills Park, we'll begin staging at Dry Creek School at 9:30 am. You may just walk with us and wave to your neighbors, in costume or not, but if you choose to take part in the annual Costume

Contest you will need to check in with Donna Senn, at her costume contest table around 9:30 am to get a pinney with a contest number on it. Awards will be given to 1st and 2nd places in (1) most patriotic costume, (2) most patriotic group costume, (3) most patriotic bike or trike, (4) most patriotic wagon and (5) and favorite old/classic car. It sure was wonderful to see those old/classic cars last year, I hope they join us again! Judging forms are distributed just prior to the parade to folks lining the route and should be turned in immediately after the parade at the shelter in the park.

It would also be wonderful to have a real band to play us on our way, or even a couple of drums. I know we've folks in the neighborhood that play, we'd love to have you join us.

We will step off from Dry Creek School at 10 am and end at Walnut Hills Park about 10:30 for the Ice Cream Social. (Route: west on Hinsdale at Dry Creek School to north on Quince to east on Fremont to east on Tamarac Ct. to north on Uinta to the park entrance on Uinta.) The Ice Cream Social will start as soon as the parade reaches the park.



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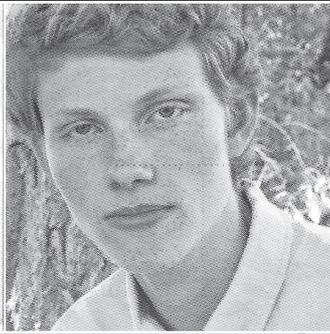
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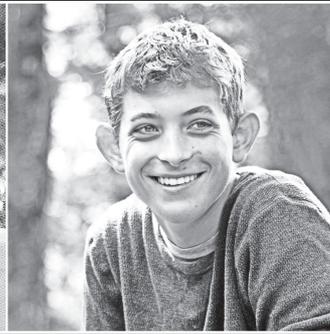





Anna Ballon



Max Beasley



Steven Benfield

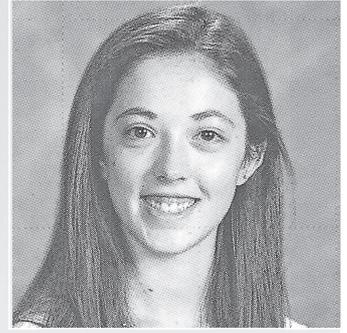


Ryan Boudreau



Sarah Hellman

Class of



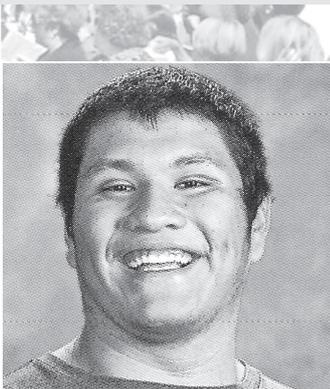
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Yao Li



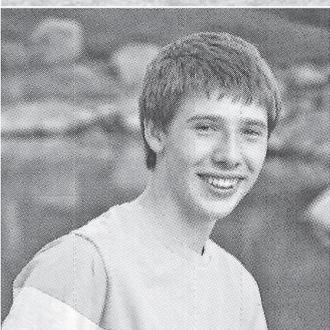
Melissa Martin



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Morgan Owens



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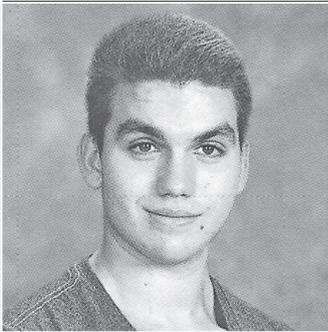
Madison Sable



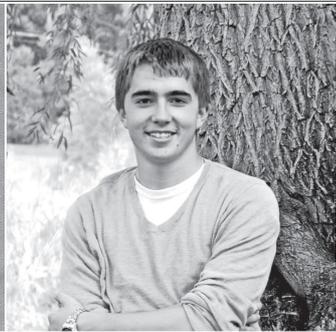
Leah Stokes



Hanna Tschumper



Kreshnik Dervishi Cooper



Ryan Fast



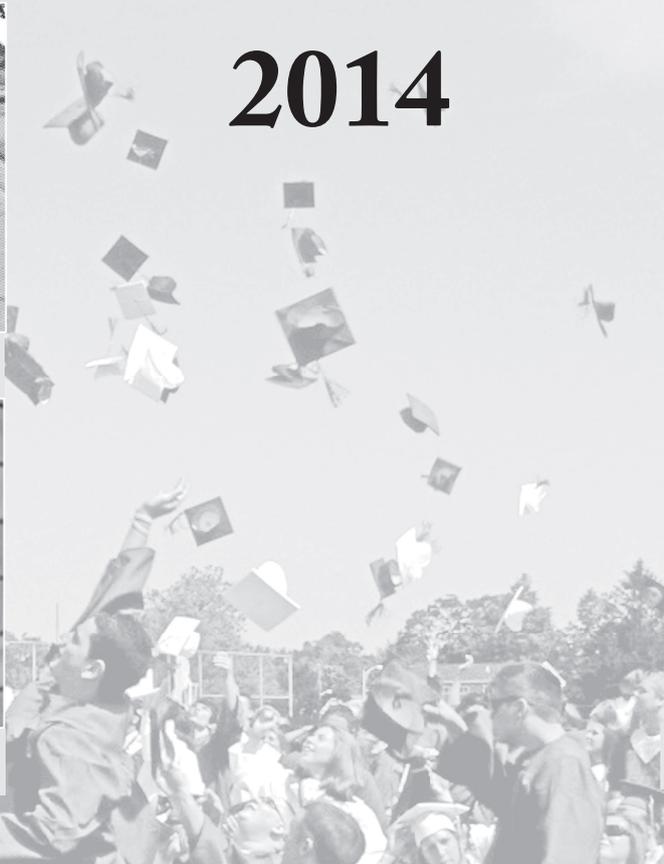
Nina Gaw



Maddison Harding



Deborah Johnson



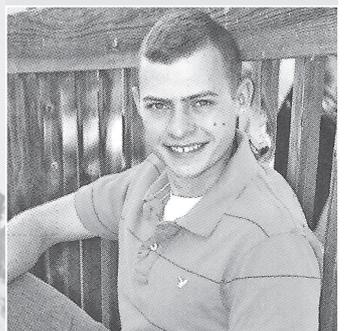
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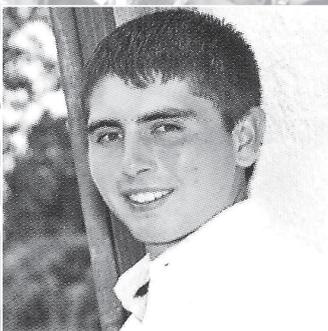
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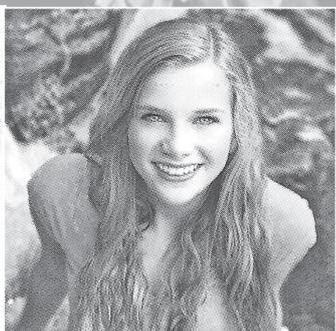
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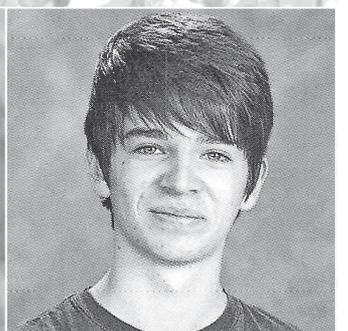
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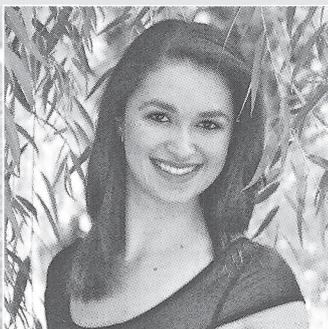
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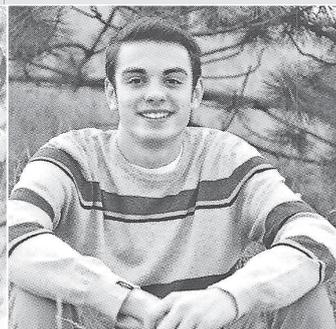
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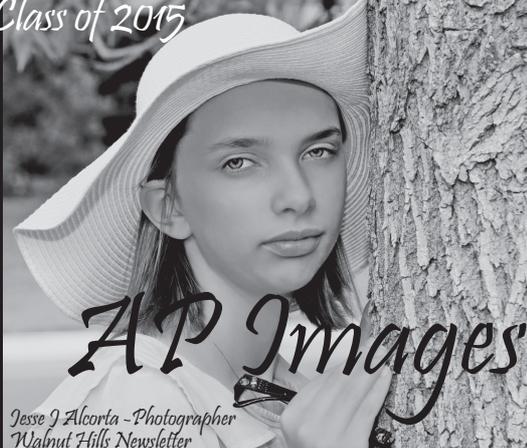
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Sign of Summer

By Michele Ostrander, Audubon Society of Greater Denver Master Birder

A sure sign of summer is the arrival of the Yellow Warbler. This songbird is one of the most common warblers in the United States. After wintering in Mexico, Central America and northern South America, they migrate thousands of miles, often with a nonstop journey over the Gulf of Mexico, arriving in Colorado in early May. This long migration is quite a feat for a bird weighing less than one-half an ounce!



Photograph by Dick Vogel

The Yellow Warbler is uniformly yellow. Males are bright yellow with reddish streaks on their chest. The females are a duller yellow with an olive color on their back and head and no streaking on their chest. Both sexes have a dark, black eye which stands out against the yellow.

Yellow Warblers can be found along the Front Range and in the mountains up to 9,000 feet in elevation. Look for Yellow

Warblers near the tops of tall shrubs and small trees. They hop quickly along small branches to eat insects, such as caterpillars and beetles that they pick from leaves or capture on short flights. You won't find Yellow Warblers in your feeders due to their diet of insects. Male Yellow Warblers often perch in the tops of trees or shrubs, but you might hear their distinctive song before seeing them. Listen for a series of whistles that sound like "sweet, sweet, I'm so sweet."

Yellow Warblers build their nests in shrubby thickets, as well as Aspen trees and willows, generally near rivers or wetlands. They use a variety of materials including grasses, bark strips and spider webs and then line the inside of the nest with deer hair, feathers and fibers from cottonwood, willow and cattail seeds. Unfortunately, Brown-headed Cowbirds frequently parasitize the nests of Yellow Warblers. Cowbirds don't raise their young, rather they lay their eggs in other bird nests including the Yellow Warbler. The warbler often builds a new nest directly on top of the parasitized one abandoning not only the cowbird eggs but also their own. Yellow Warblers have been known to build up to six new nests on top of each other due to their nest being parasitized.

Look for Yellow Warblers through mid-September. Then they start their long migration south for the winter. To learn more about birds in Colorado, visit the Audubon Society of Greater Denver at www.denveraudubon.org. Denver Audubon offers birding trips, adult classes and summer camps for children.

This summer they are offering, "Wildlife Detectives Summer Camp" for children ages 8-11, "Wetland Warriors Summer Camp" for children ages 9-12; and "Birds Nerds Summer Camp" for children ages 5-9. Register for camp programs with Colorado Academy at www.coloradoacademy.org.

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Walnut Hills Home Sales & New Homeowners
 April 1 thru May 18, 2014

- 7063 Trenton Dr: Sold \$339,000 - Newowners: John & Sheny Smith
- 7516 E. Easter Lane: Sold \$325,000 - Newowner: Erika Geisler
- 8427 E. Costilla Ave: Sold \$278,500 - Newowner: Megan Mobley
- 7883 E. Briarwood Blvd: Sold \$275,500 - Newowner: Angela Lebrecht
- 7483 E. Costilla Blvd: Sold \$271,000 - Newowner: Irene Kim
- 7304 S. Syracuse St: Sold \$250,000 - Newowner: Sharon Williams

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Neighbor to Neighbor Transportation Service

A new service is currently being explored by several Walnut Hills residents for residents of Walnut Hills. This service would link a transportation volunteer with a neighbor who would like a ride for an appointment (medical, dental, legal, social). The neighbor needing a ride must not be capable of driving him or herself or not able to obtain other transportation like RTD, taxi, or a caregiver/relative. The proposed program was presented to the Walnut Hills Civic Association Board and it received their endorsement. Even though the Board did endorse it, the program will not be administered by the Board, but privately by concerned residents. The program committee is currently seeking volunteers who are willing to contribute some drive time to help a neighbor that needs transportation. The volunteer must have a valid driver's license, insurance, and a dependable car in good condition. We are also soliciting requests from residents (seniors, disabled, or anyone who is unable to drive) that would like to take advantage of this program. Note, however, that volunteer drivers will not be able to handle wheelchairs and the person needing the ride must be ambulatory. For more information, please call Herb Engler at 303-770-3949 or 720-579-7148.

Residents of Walnut Hills Do You have Difficulty Driving?

Neighbor to Neighbor Transportation Service

A service to assist neighbors who can't drive (seniors and ambulatory handicapped residents) to live independently in their homes and our Walnut Hills community as long as possible, by providing transportation for essential services.

How this program works

- This is a free door to door transportation service
- Rides are for appointments only (medical, dental, legal, social)
- Rides are requested through a coordinator

A volunteer driver picks up the resident at their home and drives them to their destination.

Interested in this free transportation service or becoming a volunteer driver?

Fill out the form below and mail to:

Check one! Applying as:

- Resident needing transportation
 Volunteer Driver

Name: _____

First: _____

Last: _____

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Days and times needing service or availability to volunteer

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Successful Dumpster Day, Too Successful!

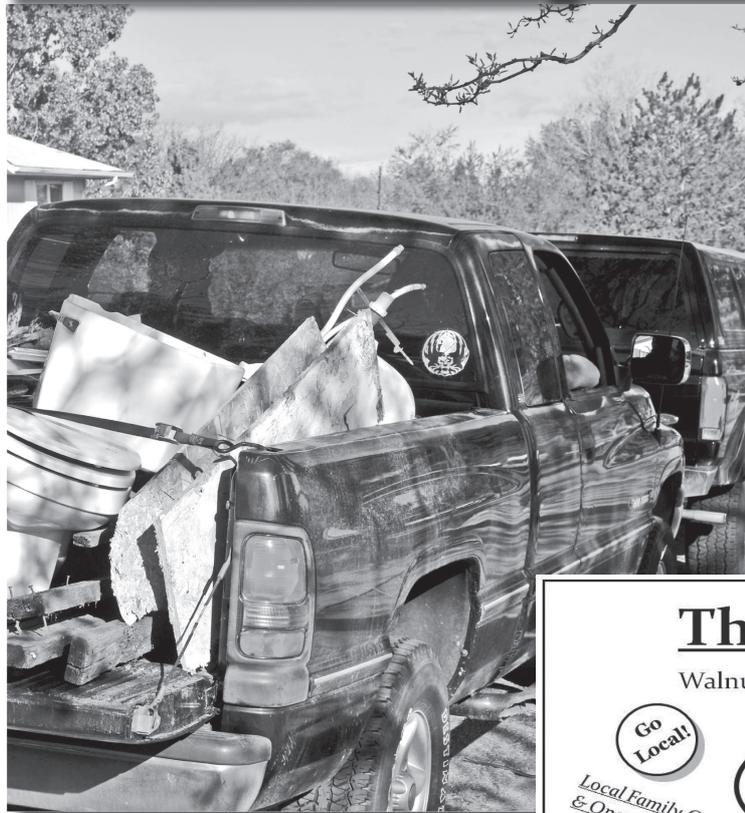
Andrea Suhaka, Chair, Walnut Hills Civic Assoc., standy@ecentral.com

The annual Walnut Hills Spring Dumpster Day on 10 May was too successful. This was the first time in many, many years (and we've had Dumpster Days for almost 30 years now) that we had to turn away vehicles because the garbage trucks were full! We had 64 carloads packed into those two trucks in a single morning and a beautiful day to work in.

A Very Exciting Announcement about our October Dumpster Day. The Walnut Hills Civic Assoc. Board and the Southeast Metro Stormwater Authority (SEMSWA) have approved sponsoring electronic recycling to be part of the regular Dumpster Day on 11 October. There will be no charge for recycling electronics but you must be a paid member of the WHCA. The WHCA and SEMSWA will be splitting the cost of this part of the event



Photography by Jesse J. Alcorta



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You and Your Dog: Summer Scenarios

By Lorraine May, M.A.

Summer is the time for everyone to enjoy the out of doors. More adults, more kids and more dogs abound. Even in the midst of having fun, though, numerous situations can pose challenges for you and your dog. Preparing for some common summer

scenarios will help you and your dog relax and enjoy your time together. Here's hoping that some of the following tips are helpful to you.

- You and your leashed dog are having a lovely walk when an unfamiliar off leash dog comes running straight toward you.
- Throw treats directly at the dog to redirect his attention as you happily escape.
 - Practice a fun 'Let's Go' that involves turning and running with your dog as if it were the best game ever.
 - Desensitize your dog to the opening of an umbrella which can be used to startle the other dog.
 - Teach your dog 'Back' so that he will go behind you and not engage.

- You and your newly adopted dog see children headed straight for your dog's face.
- Hold out your hand as a stop sign and say firmly, "We are in training!" While they try to figure out what you mean, you depart quickly thus avoiding a potentially stressful situation.
 - Teach your dog to sit and relax under any circumstances by practicing Karen Overall's Relaxation Protocol <http://www.dogdaysnw.com/doc/OverallRelaxationProtocol.pdf>
 - For one minute each day, reinforce your dog with 'yes' and a treat each time he makes eye contact with you. This will condition your dog to look to you for guidance in any situation.

- You have company coming and they are bringing their dogs who have not yet met your dogs.
- Do introductions one-on-one in neutral areas such as on a walk or at a park or a tennis court.
 - Start with the two friendliest dogs.
 - Have two dogs meet at a time, until everyone has met. Then slowly integrate.
 - Don't rush this as an initial negative association is sometimes difficult to recover from.
 - Each dog needs to feel that the other dogs being present make their life better and more fun.
 - Don't expect the dogs to hang out 24/7. Give them rest times and breaks from each other.
 - Feed them separately and cultivate a stress-free atmosphere where they don't need to compete to get what they need.

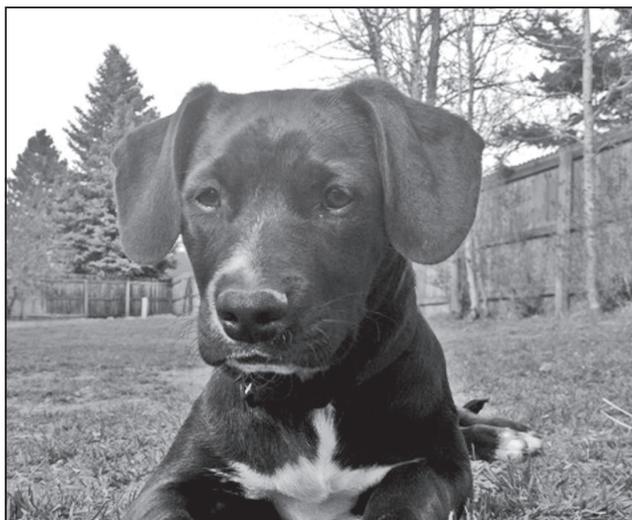
- Your dog is afraid of thunderstorms and/or fireworks.
- Develop a positive association for your dog to a Thundershirt by using it initially when it is not storming and accompanying this with treats.
 - Give your dog four drops of Bach's Rescue Remedy flower essence emergency blend during the storm, every few minutes, until you see improvement.
 - Beginning now, give your dog two drops of Bach's Mimulus flower essence four times daily on a treat.
 - Play the CD Through a Dogs' Ear.
 - Massage your dog, pet him calmly, or just sit with him.
 - Say in a relaxed jolly voice, "I love thunderstorms (or fireworks)" if you really do.
 - Open a bottle of Lavender or Valor essential oil and let your dog approach if willing.

- You want to take your dog with you on vacation.
- Practice a solid 'Wait' beforehand so he won't jump out of the car or run out of a door.

- Purchase a 20 or 30 foot cotton lead so that he can explore safely but not encounter the tragedy of getting lost.
- Decide if your dog needs to be crated, secured with a harness or contained by a gate when riding in the car.
- Teach a reliable 'Leave It!' to prevent your dog from ingesting attractive but strange or dangerous 'vacation treasures'.
- Take preparatory incrementally distant trips to acclimate your dog to a longer journey in the car.
- Take along a few of his familiar-smelling things like toys or a blanket to ease his mind. Some dogs who have been abandoned or re-homed worry with any car trip that this might reoccur.
- Add an ID tag with your destination's telephone number ensuring that there is a local number where you can be reached.

If you didn't find your exact scenario here, think about what will work for you and your dog, and then teach him to do it ahead of time. Waiting until you are in a stressful or challenging situation is like competing in the Olympic Games without any training and expecting to win a medal!

Enjoy a safe and fun summer with your dog!



What! You don't have a dog to spend the summer with? Well, allow me to present Koley, a 6 month old neutered Lab mix, who would love to go on vacation with you! Email mishamayfoundation@gmail.com for more adoptable animals or fostering information.

Lorraine May, M.A., is the Founder, Executive Director and Head Trainer of Misha May Foundation Dog Training and Rescue, a 501(c)(3) non-profit animal rescue which offers a wide variety of educational classes to the community. The foundation offers free puppy socialization. Obedience classes, behavior seminars and in-home training welcome all dogs and issues. The Dog Trainer / Behavior Specialist Program is designed for the working person, and teaches our effective reward-based, anxiety-reducing techniques. Misha May was voted #1 Best Dog Trainer 2 years in a row on Denver's A*List for 2013 and 2012! www.mishamay-foundation.org. mishamayfoundation@gmail.com 303-239-0382

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Walnut Hills Civic Association Volunteer Board of Directors

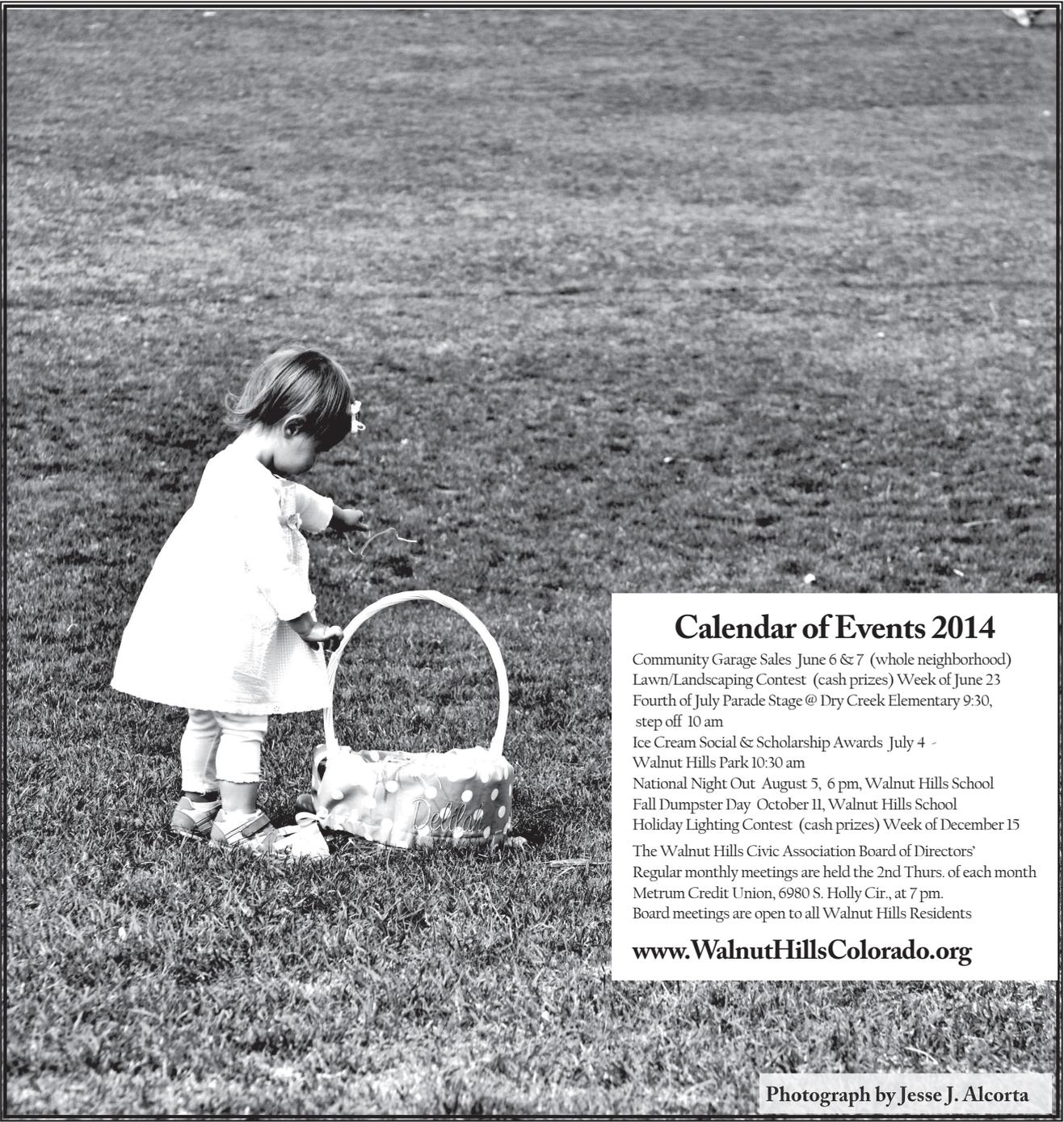
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Ken Whiting Neighborhood3@walnuthillscolorado.org	
Myra Garcia Neighborhood4@walnuthillscolorado.org	
Donna Senn Neighborhood5@walnuthillscolorado.org	Dumpster Days, 4th July Parade
Julie Gamec Neighborhood6@walnuthillscolorado.org	Vice Chair, Easter Egg Hunt
Brian Olson Neighborhood7@walnuthillscolorado.org	GID Representative
Neighborhood 8 Opening for volunteer	
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Andrew Weissman Neighborhood10@walnuthillscolorado.org	
Melissa Deal Neighborhood11@walnuthillscolorado.org	Secretary
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Jeryl Tippetts Neighborhood13@walnuthillscolorado.org	Snow shoveling program
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Calendar of Events 2014

Community Garage Sales June 6 & 7 (whole neighborhood)
Lawn/Landscaping Contest (cash prizes) Week of June 23
Fourth of July Parade Stage @ Dry Creek Elementary 9:30, step off 10 am
Ice Cream Social & Scholarship Awards July 4 - Walnut Hills Park 10:30 am
National Night Out August 5, 6 pm, Walnut Hills School
Fall Dumpster Day October 11, Walnut Hills School
Holiday Lighting Contest (cash prizes) Week of December 15
The Walnut Hills Civic Association Board of Directors' Regular monthly meetings are held the 2nd Thurs. of each month Metrum Credit Union, 6980 S. Holly Cir., at 7 pm. Board meetings are open to all Walnut Hills Residents

www.WalnutHillsColorado.org

Photograph by Jesse J. Alcorta

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