

# Walnut Hills Newsletter

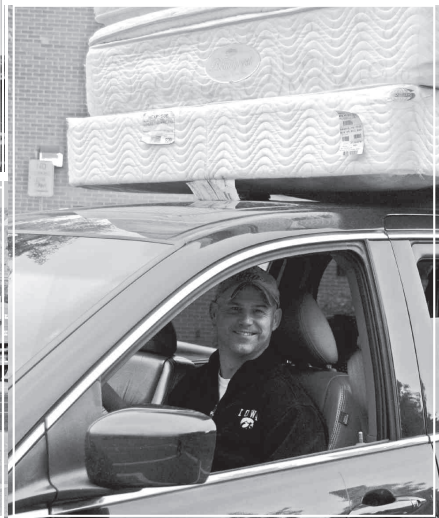
"A Beautiful Community of Families, Friends and Neighbors for over 50 years."



## Meet, Greet, Watch and Play!!!

Our next meeting will be December 15th at the Castlewood library in the meeting room. Come on by any time between 3:30 and 4:30 with your kiddos for games and crafts, and get to know neighborhood families in the bargain. If you've never been to a meeting or just want to know what we are all about, this is a great opportunity! Please bring a baby item for donation to The Gathering Place. Due to allergy concerns, we ask that each family bring their own snack. Questions? Call Laura at 720-384-5242.

See you there!!!



photography by Jesse J. Alcorta

## Walnut Hills Dumpster Day

The Walnut Hills Civic Association sponsored Dumpster Day, on 12 October, was the most successful Dumpster Day we've ever had. We cram-packed full two garbage trucks. There wasn't one square inch of space left to put any more trash. Without the fine organization of Donna Senn checking folks in and collecting money, on this project for many years, it wouldn't take place. Walnut Hills sends her a huge thank you for a job well done. I'd also like to thank Benn Titleman for his great help as our sergeant-at-arms and general cleaner-upper. It's great to have him with us. Since this event started in 1986, we've honed it to a fine science. For the numbers, we had 69 paid members and 10 new members dump, and four folks came back to dump again. It was wonderful to visit with and meet so many great Walnut Hills residents. It was a rousing success. Andrea Suhaka, Chair, 303-770-0057, standy@ecentral.com

Please join the Civic Association for only \$20.00 per year. This includes a substantial discount for annual garbage service with The Garbage Man (see advertisement page 4), two Dumpster Days per year and free classified ads in the Walnut Hills Newsletter. The Civic Association supports the Walnut Hills Scholarship Fund, Easter Egg Hunt, 4th of July Parade, Ice Cream Social, and National Night Out celebrations. Find us at walnuthillscolorado.org. Please feel free to attend our Association Board of Directors' meetings. The Board meets the second Thursday of each month at the Metrum Credit Union at 7:00 PM

# Mortgage Loans with BIG SAVINGS

## **Do you owe \$100,000 or less on your mortgage?**

Save thousands of dollars and years of payments by refinancing at a great low rate and pay **NO** closing costs!

- Rates as low as 3.75% APR\*
- Loan amounts \$20,000-\$100,000
- Cash out allowed
- No prepayment penalties
- MCCU pays **ALL** closing costs
  - ⇒ Origination, Title Insurance, Flood Insurance, Deed Filing Fees, Appraisal, Credit Report = **BIG SAVINGS!**

## **Are you paying 4.50% or higher on your first mortgage loan?**

We offer a wide range of the best possible mortgage benefits and options available today. Here are just some of the benefits we offer:

- Fixed Rate Mortgages
- Flexible Terms
- Locally Owned, Locally Serviced Family Atmosphere.

In one short call, our knowledgeable loan staff can help you determine if your current mortgage loan is the best option compared to what's available today.

**Drop in to our Centennial Branch or call us at  
303-770-4468 to learn more**

**Metrum Community Credit Union**

303-770-4468  
www.metrumcu.org  
6980 South Holly Circle  
Centennial, CO 80112

\*3.75% is floor annual percentage rate and is subject to change without notice. \$20,000 minimum and \$100,000 maximum loan amount. 60% maximum loan to value. Escrow funds may be collected at closing. With approved credit. Existing MCCU mortgages do not qualify. Sample monthly payment: \$100,000 at 3.75% for 120 months=\$1,000.79.



**CU SERVICE CENTERS.**  
The Member-Friendly Financial Network



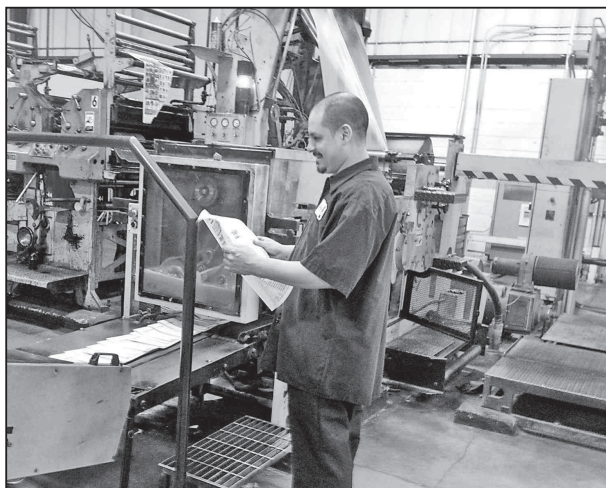
# Colorado based printer has National Reach with a Local Feel

As a proud printer of many publications nationwide, including the Walnut Hills Newsletter, Signature Offset prides itself in quality and customer service while having concern for the environment.

The Broomfield and Colorado Springs locations serve the Colorado publishing community, "We see ourselves as the printer that has a national reach with a local feel" says Cary Juvonen Signature Offset CEO. We care about our local community and environment, says Juvonen. Signature Offset recently organized a food and clothing drive to help support local flood victims in the area. "We had several employees and customers that were directly affected by the recent local flooding and we saw the need to help out. We utilized our two Colorado locations as drop off points and used our fleet of delivery trucks to deliver donations to local food and clothing banks" says Juvonen.

Founded in 1970, Signature Offset is a nationwide "sustainable printer" with a network of 6 printing facilities nationwide that emphasize local customer service. The company serves a broad range of customers across the US and provides a variety of offerings, either directly or through strategic outsourcing partners, with the mission to serve as a "One Stop Source" for publishers' needs. Solutions include coldset (Newspaper) and gloss printing, mailing services, bindery capabilities, design and graphics support, flipbooks, and technology consulting and services.

Signature Offset has a strong environmental track record, utilizing soy based inks, a strong recycling program, and is the recipient of the Colorado Gold Leader award for environmental leadership. They launched a website in 2010 at [www.definingsustainableprinting.com](http://www.definingsustainableprinting.com) to help educate the publishing community on the importance of taking steps now to help ensure a sustainable printing industry tomorrow.



The company culture is focused upon the customer's evolving needs, with a solution oriented mindset of how they can help them meet the challenges of a dynamic marketplace.

Learn more about Signature Offset at [www.signatureoffset.com](http://www.signatureoffset.com)



## What it Takes

The Walnut Hills Newsletter is beautifully printed 6 times a year by Signature Offset. Their consistent quality and service to our paper makes the Walnut Hills Newsletter a one of a kind publication. In addition, the unwavering support of our advertisers, supporting both the Newsletter and the Walnut Hills Scholarship Fund are invaluable to us all. Please support our supporters by visiting their businesses during this holiday season.

## To Deliver

The newsletter is delivered by over 75 volunteers and 4 area distributors, reaching every home in Walnut Hills, serving their neighbors and community. Please consider volunteering for open newsletter routes to continue this 50 year tradition.

Distribution Manager - Will Senn 303-741-2065

## To Advertise

If you would like to advertise in the Walnut Hills Newsletter and support the Walnut Hills Scholarship Fund, join us! We use Adobe Creative Suites software and emphasize affordable rates and customer service. Let us help you create the perfect ad for your business or incorporate your existing advertisements and logos for newsprint.

Advertising Manager - Donna Senn 303-741-2065

## To Publish

In addition to our regular contributing writers and photographer, generously volunteering their time and talent, the Walnut Hills Newsletter publishes obituaries, announcements, letters to the editor and essays. If you have something you want to print, let us know.

[walnutHillsnewsletter@gmail.com](mailto:walnutHillsnewsletter@gmail.com)

Serving Denver Since 1996

## TRENKA | COMPASS

Your Walnut Hills Realtor

[www.CentennialHouseAndHomes.com](http://www.CentennialHouseAndHomes.com)

Ask about our Walnut Hills listing special

Homes, Townhomes, Lofts, Condos  
Full Service Real Estate and Consulting  
Search homes using MLS-IDX

303-629-1000 Office  
303-880-3636 Mobile

15 Year Walnut Hills Resident

★ \$4 OFF Full Service w/ This Ad ★

# FAST TRAXX®

FAST LUBE

★ 20 POINT SERVICE ★

Change Engine Oil (up to 5 Qts)	Test Radiator Fluid
Change Oil Filter	Check/Fill Power Steering Fluid
Lubricate Chassis	Check/Fill Battery
Check/Fill Transmission Fluid	Check/Fill Washer Fluid
Check/Fill Differential Fluid	Vacuum Interior
Check/Fill Transfer Case Fluid	Check/Set Tire Pressure
Check Air Filter	Check Belts
Check Breather Element	Check Hoses
Check PVC Valve	Check Lights
Check/Fill Radiator Fluid	Check Wiper Blades

PLUS Complimentary Fountain Drink or Cup of Coffee

## We service national fleet accounts and also offer local fleet accounts.

We are proud to offer the most ingenious, one of a kind, "Quick Lube" facility in Denver. If you currently use Grease Monkey or Jiffy Lube for your oil change and preventive maintenance services, then you've been missing out! Come see what we have done. We're confident you'll never go back.

Jon Hart, Owner

**303-220-7766**

6770 S. Yosemite St., Centennial, CO 80112

Mon-Fri 8am-6pm Sat 8am-5pm

### Looking for a fun activity?

A trip to South Suburban Ice Arena is a great outing for all ages. We can arrange a skating package to fit your needs and budget. We have Public Skate times 6 days a week morning to evening. With a group reservation of 15 or more people, skate rental is free. We realize not everyone feels comfortable on the ice. For added safety South Suburban has a skate monitor on duty, as well as stability sleds available for younger skaters.

Skating during one of our Public Skate sessions is just one option. If your group is very large, you can rent one of our rinks for private ice skating use. Another choice is Broomball. Broomball is played like field hockey on the ice, using nets, balls and plastic brooms that we can supply.

If you are interested in having food for your group, we can put together a pizza party. The package would include everything needed for ice skating or Broomball plus pizza, soda, paper goods and a private room.

For more information, or to book an outing, you can call Jeffrey Schneider at 303-798-7881 ext. 33203. To learn more about our facility and see the times for the Public Sessions, visit [www.sspr.org](http://www.sspr.org).



## Party In Style

We have everything you need to make your party a complete success. Rent a Terrific Time!



China, Glassware, Tables, Chairs, Linens, Dance Floors, Chocolate Fountains even **Santa, Mrs Claus and Elf Costumes.**

Live the party with a **Karaoke Machine Songfest.** Delivery is available.

[www.ASRentAll.com](http://www.ASRentAll.com)

**ALL SEASONS RENT-ALL** 6550 S. Yosemite St 303-770-2980

## South Suburban Parks and Recreation

**FREE Holiday Ice Shows at 2 locations** Bring a canned or packaged food item for our annual food drive benefitting Inter-Faith Community Services.

- South Suburban Ice Arena, 6580 S Vine St., Centennial on Friday, December 20, 6 pm & Saturday, Dec 21, 3:15 pm. For more information, call 303-798-7881.
- Family Sports Center, 6901 S Peoria St., Centennial on Sunday, December 22, 4:30 pm. For more information, call 303-708-9500.

### Skate with Santa at 2 locations

- South Suburban Ice Arena, 6580 S Vine St., Centennial on Friday, December 20, 7-7:45 pm & Saturday, December 21, 2:15-3 pm. For more information, call 303-798-7881,
- Family Sports Center, 6901 S Peoria St., Centennial on Saturday, December 21, 1-1:45 pm, Sunday, December 22, 3:15-4 pm. For more information, call 303-303-708-9500. Public Skating fees apply.

**FREE Snowman Building Event**, Saturday, December 21, 2-4 pm, Family Sports Center, 6901 S Peoria St., Centennial. Come after Skate with Santa. All participants enjoy FREE hot chocolate. For more information, call 303-754-0552.

**FREE Coffee & Chats, Monthly:** 11:30 am 2nd Tuesday at Goodson Recreation Center, 6315 S. University, Centennial, and 11:15 am last Tuesday at Lone Tree Recreation Center, 10249 Ridgeway Circle, Lone Tree. Various speakers/presentations. This is a FREE event for everyone. Enjoy light refreshments and socializing. For more information, call 303-708-3516. This program is drop-in only, therefore registration is not necessary

**FREE Holiday Party**, Tuesday, December 10, 11:30 am – 12:30 pm at Goodson Recreation Center, 6315 S. University, Centennial and Tuesday, December 17, 11:15 am – 12:15 pm at Lone Tree Recreation Center, 10249 Ridgeway Circle, Lone Tree. Adults 50 and over come listen to and sing along to holiday music, and enjoy friends and neighbors in the community. For more information, call 303-708-3516.

**New Year's Eve Extravaganza**, Tuesday, December 31, 8-11 pm, Family Sports Center, 6901 S Peoria St, Centennial.

Ages 9-14 celebrate the start of 2014 by enjoying laser tag, eXerGame Zone, inflatables, bumper cards, ice skating, toasting sparkling cider while watching the ball drop at midnight in New York's Time Square at 10 pm Mountain Time. Light snacks provided. Fee: \$15 online through Dec 24, \$20 December 25-31, class # 4890012. For more information, contact Michelle Collette at 303-754-0552 or michellec@sspr.org.

**A Lone Tree New Years Eve 2013**, Tuesday, December 31, 2013, 8:30 PM to 1:00 AM, Lone Tree Golf Club & Hotel, 9808 Sunningdale Blvd., Lone Tree. Dance the night away and ring in 2014, \$160 per couple, plus tax. Enjoy heavy hors d'oeuvre's and a holiday dinner including: smoked salmon, carved beef and leg of lamb, amazing dessert display, party favors, cash bar, and a midnight champaign toast. Stay overnight on New Year's Eve and includes a New Year's Day hot breakfast:

- Standard Room - \$120.00 per room, plus tax, max. two (2) guests
- Lone Tree Suite - \$169.00 per room, plus tax, max. two (2) guests. For more information and advanced reservations, call 303-790-0202.

**Iffy Bitty Kitty Sitting**  
Love and care when your kitty kneads it the most!

Vikki Strong  
Kitty Specialist

Serviceing South East Denver, DTC, University Hills and Surrounding Areas

720-220-0173  
ittybittycatsitting@gmail.com  
[www.ittybittycatsitting.com](http://www.ittybittycatsitting.com)

**Iffy Bitty Kitty Sitting**  
Here are some of the services I offer:

Feed, fresh water, playtime, and giving your house that lived in look (mail, paper, lights, plants, etc.) I also send real time texts and/or emails with pictures so you can rest assured your kitties are well taken care of!

## The Garbage Man

Walnut Hills Association Special Discount

Go Local!

Local Family Owned & Operated Business

Friday Pickup  
Weekly Trash  
Bi-weekly Recycling  
**\$144.00** per year

Save Big!

Cans Brought Back Up The Driveway

Get Your Neighbors To Join & Save!

40% Join - \$132.00  
70% Join - \$126.00

We accept all Garbage cans, Including our Competitors!

Call **720-842-4558**



**Rocky Mountain Coin**  
Professional Numismatists-Appraisers

RMC Since 1976

We **BUY** and **SELL**

Rare Coins  
Silver Coins  
Gold Coins  
Precious Metals

**303-768-8042**  
NW corner Arapahoe & Dayton  
9625 East Arapahoe Road

## Walnut Hills Fences and Traffic

I spoke to Bryan Weimer, Arapahoe County Transportation Manager and lead on the Arapahoe/I-25 project. Walnut Hills was supposed to get fences in back of the homes on Arapahoe Road and Yosemite Street. He told me that all parties concerned (Centennial, Greenwood Village, Arapahoe County, the Colorado Dept. of Transportation, and the FHWA) were still discussing money and the fences weren't likely to be built for at least two years. I will continue to keep an eye on this project.

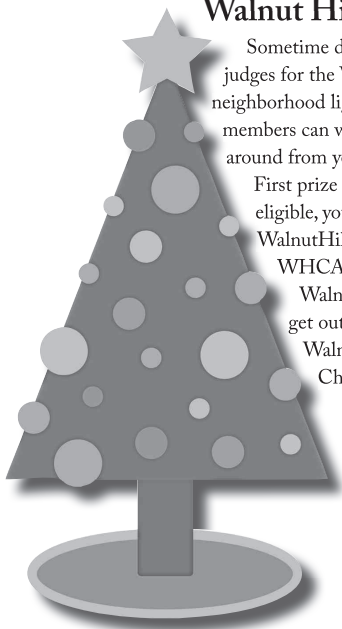
Along that same vein, the C-470 widening is moving right along. The high occupancy toll (H.O.T.) lanes will be built, roughly, from Kipling to I-25. Traffic from that project will be pushed on to Dry Creek and County Line Rds. during construction. I expect we'll see a lot more cut through traffic in Walnut Hills. I'll also continue to keep an eye on this project. Andrea Suhaka, Chair, 303-770-0057, standy@ecentral.com

## Walnut Hills Holiday Lighting Contest

Sometime during the week of 15 December, the intrepid judges for the Walnut Hills holiday lighting contest will survey the neighborhood lights. We assess all houses, but only WHCA paid members can win money prizes. We do try to spread the prizes around from year to year.

First prize is \$100, second is \$75, and third is \$50. To be eligible, your dues must be paid. You may pay on line at [www.WalnutHillsColorado.org](http://www.WalnutHillsColorado.org) or you can mail a check for \$20 to WHCA, PO Box 3436, Englewood, 80155-3436.

Walnut Hills is beautiful during the holiday season, so get out and see the bright lights! Thanks to all who make Walnut Hills a wonderful place to live. Andrea Suhaka, Chair, 303-770-0057, standy@ecentral.com



## Babysitting Help is Here!

Third generation Walnut Hills teen available to help with your babysitting needs. Years of experience babysitting three younger siblings. Fun and games for the kids!

Call AJ  
(303)771-9812

## \$ 10,000 in Scholarships Available to Walnut Hills Graduates in 2014

At a recent meeting of the Walnut Hills Scholarship Committee, it was decided that due to current level of support, four scholarships \$2,500 each would be awarded in 2014.

The scholarships will be awarded to high school graduates who live in Walnut Hills and graduate in 2014 and plan to attend college in 2014. The scholarships are good at any accredited college in the United States.

It is through the efforts and contributions of Walnut Hills residents that these scholarships are available. Last year residents contributed nearly \$6,000 and the Walnut Hills Civic Association and the Walnut Hills Newsletter contributed an additional \$2,900. The amount of next years scholarships will be based on the amount of this years contributions. Contributions can be made with Walnut Hills Civic Association dues in March or can be made directly to: The W. H. Scholarship Fund at 7219 S. Tamarac Ct. Centennial, CO 80112.

Scholarships Applications will be available in the Post Grad Center at Cherry Creek High School or may be picked up from John Fuller 7219 S. Tamarac Ct. 303-771-2838 after January 1, 2014. The deadline for all applications is Wednesday, March 5, 2014

The Walnut Hills Scholarship Committee welcomes any comments or suggestions. They can be directed to the Walnut Hills Scholarship Fund at 7219 S. Tamarac Ct. Centennial 80112, or to any of the members of the scholarship committee: John Fuller, Diane Graham, Joan Rowe, and Eric Schultz.

*DaVinci Laser Teeth 20 minutes for \$30  
Get teeth up to 5 shades whiter!*

"Beauty from the inside out"

## New Face & Figures Day Spa

New Face & Figures Day Spa has recently relocated in a larger location to accommodate our growth. In addition to our new location, we have expanded services to include Day Spa/Medi-Spa Services as well. We strive for top customer service, affordable pricing, and total wellness for our clients!

[www.newfaceandfigures.com](http://www.newfaceandfigures.com)  
8170 S. University Blvd. 240 Centennial, CO 80122 303-221-9383

## BUYING or SELLING?

Call Juhi Johnson,  
your neighborhood realtor  
for a FREE, NO pressure consultation!

I work hard to help you achieve your real estate goals and make your transaction go smoothly! I have lived here for over 21 years and have seen this area change, develop- and our property values *increase*.

*I know how important it is for you to make the right move!*

**Juhi Johnson**  
Realtor®  
Direct: 303-257-1905  
Email: [juhijohnson@remax.net](mailto:juhijohnson@remax.net)  
[www.homesbyjuhi.com](http://www.homesbyjuhi.com)

**RE/MAX Professionals**  
SRES  
Senior Real Estate Specialist

Service you deserve!

Giving you:  
*Expertise in the area!  
Service you deserve!  
Extensive Marketing!  
100% Commitment!  
Excellent customer service!  
And a lot more.....*

**Your neighbor and realtor!**  
Serving Walnut Hills, Willow Creek, Foxridge, Hunters Hill, Homestead, Acres Green, Lone Tree, Highlands Ranch and more.....

**Sean Slater ChFC®**  
Agent

7777 E Arapahoe Road, Suite 103  
Centennial, CO 80112-1256  
Bus 303 773 3366  
Fax 303 773 1543  
[www.seanslateragency.com](http://www.seanslateragency.com)  
[sean.slater.p2uq@statefarm.com](mailto:sean.slater.p2uq@statefarm.com)

*The greatest compliment you can give is a referral.*



### Cub Scout Pack 257 Update!

The Cub Scouts of Pack 257 have been busy this fall! We've wrapped up our popcorn sales—a huge Thank You! to everyone who bought popcorn from our Cub Scouts. When you purchase popcorn from a Scout, you help him improve his communication and salesmanship skills. Your purchase also helps us fund all of our activities and events throughout the year, including our Pinewood Derby. We appreciate your support!

In November, our Scouts participated in the Veterans' Day Celebrations at their schools, including Walnut Hills and Heritage Elementary Schools. The boys performed the flag ceremonies, and it was a privilege to help the community honor our veterans.

We also held our annual leaf rake in the Hunters Hill and Walnut Hills Neighborhoods. We had a huge group of Scouts venture out to rake the leaves for some of our elderly and respected residents. We had so many Scouts this year, we were able to take on several extra houses!

For the holidays, we're adopting several families through Volunteers of America. Scout families are pooling their resources to help those less fortunate. We hope to take on several similar service projects during the year.

Scouting is an excellent opportunity for boys to expand their horizons, learn new skills, and boost their confidence when they take a risk. Pack 257 is open to all boys and their families in the first through fifth grades. For more information, please contact Jennifer Loehr at 303.359.6452 or Jennifer@loehrs.com. You can also visit the Denver Area Council website at [www.denverboyscouts.org](http://www.denverboyscouts.org).

\* \* \* \* \*

## SNOWBALL HOODIES

Tee Shirts Too!

&  
**Prom is just around the corner!**

**Hoodies starting at \$25.00 - Tees as low as \$6.00**

Bring us your ideas or let our  
full service art department help you  
create the perfect design for your group.

**Make a memory to wear!**

Mention this ad and receive 10% off your order!



**ICD Designs, Inc.**  
**303-383-1388**

Walnut Hills Family Owned and Operated Since 1988.

Phone: 303-383-1388 Fax: 303-383-1390  
E-mail: [icddesigns@pcisys.net](mailto:icddesigns@pcisys.net)

### Holiday Light Display at Hudson Gardens


LITTLETON, CO – A Hudson Christmas is a walk-through holiday lighting display featuring over 250,000 lights, visits with Santa Claus, along with seasonal food and beverages. This wondrous holiday event will be held at the Hudson Gardens & Event Center in Littleton, Colorado, on Fridays and Saturdays November 29th and 30th and December 6th and 7th. Beginning on Friday, December 13th, the show will run every evening until December 31st. Doors open at 5:00pm.

Advance tickets can be purchased at [TicketHorse.com](http://TicketHorse.com) or at the box office on any night of the show. Ticket prices are adult \$9, children ages 4 and over \$6, and 3 and under free. For more information go to [hudsonchristmas.org](http://hudsonchristmas.org)!

### South Suburban to Host Silent Hunger for the Holiday Basketball Tournament


South Suburban Parks and Recreation will host the annual Silent Hunger for the Holidays Basketball Tournament on Sat., Dec. 14, beginning at 9 am at Buck Recreation Center, 2004 W. Powers Ave., Littleton.

Men and women, age 18 and up compete in a 3 vs 3, 6-game guarantee. Individual awards will be given for first place! Prize drawings and contests included. Registration deadline is Thurs., Dec. 12. Take advantage of reduced team fees, with a donation of non-perishable food items to benefit Inter-Faith Community Services. Register today at [www.sspr.org](http://www.sspr.org), or contact Butchr@sspr.org or call 303-483-7028.



7200 E. Dry Creek Rd. Suite B204 \* Englewood, CO 80112 \* [www.mauzies.com](http://www.mauzies.com)

Martha A. Mays Owner/Artist 303-779-9300



*Beautiful gifts for all occasions starting at \$15*

*Buy \$100 in gift certificates, get a \$20 gift certificate FREE*

### WALLPAPER REMOVAL

### Off the Wall, too!

Remember the three C's of wallpaper removal:  
Call Cole and Cindy!  
Cole: 303-868-0275  
Cindy: 303-910-3888

Call for a FREE estimate - over 15 years' experience!  
**NO JOB TOO BIG OR SMALL**

### MASSAGE

**Arbachs  
Goodhair**  
6854 S. Yosemite  
Centennial, CO 80112  
303-770-6100  
Gift Certificates  
Available



*Hot Packs  
Hot Stones  
Moist Hands  
& Feet Wraps  
Cool Eye  
Pillow*

Jessie Wirtz, CMT, BA

**Only \$49/hr**

**Boy Scout Troop 574** has had a busy Fall, so far. A backpack trip in early October to the Mt. Evans Wilderness Area proved to be a great decision, as the weather cooperated after having had our first snows of the season a day before we left. For those that went, a beautiful display of aspens changing colors while backpacking in on the trailhead almost 5 miles to the base of Mt. Bierstadt made it well worth the effort. We followed that up with an early November campout at Tahosa High Adventure Base near Ward, CO, using the Boy Scout camp's facilities and acreage to do some orienteering and hiking, as well as pioneering projects. Sleeping outside in the cool autumn air was exhilarating, and we were fortunate to have the ability to have campfires in the fire rings to enjoy our nights, including some impromptu skits by the scouts. Walnut Hills Resident Mark Van Vleet made some amazing dutch oven dinner and desserts for the adult patrol.

In late October, the troop conducted its second annual "Punkin' Chunkin'" event at Hunters Hill Park. The weather was cold, and many scouts were gone due to Fall Break, but some local Webelos came to help the troop build a very large ballista using pioneering skills (use of wood spars, rope, and ingenuity to lash and tie the spars into a functional device), and launch pumpkins into the late afternoon sky. A few scouts went up the weekend before and cut trees and learned to make spars through stripping the bark, and the troop finally has its own collection of spars for various projects such as this.



The troop combined efforts with some scouts from another local troop to provide the color guard as part of the opening and closing flag ceremony at Campus Middle School for their very special Veterans Day celebration. It was not only an honor to be asked by the school, but to be able to honor our veterans in this way. That same week of November was "Do a Good Turn Week" in Scouting, and the troop took full advantage by participating in "Scouting for Food" in conjunction with the annual 9Cares Colorado Shares food drive. Going through our neighborhoods and asking for donations of canned and dry food items, we managed to collect nearly 1,100 pounds of food that we delivered to the local drop off site at Inverness Hotel.

9News weatherperson Kathy Sabine helped us unload, and was very impressed. A few members of the troop came together the next day to help an elderly couple who called asking for assistance in raking and cleaning up their yard, and almost 3 hours later, 25 very large bags of leaves, locust pods and broken branches were ready for pickup.

Our last adventures for 2013 will be collecting toys in late November in advance of helping set up the Denver Santa Claus Shop in early December as our final service project, followed by our last outing for the year, our annual trip to La Junta to celebrate the holiday season at Bent's Old Fort and Koshare Indian Museum. We are looking forward to an amazing 2014. If you have any questions about our troop, please call Scoutmaster Eric Vitcenda at 720-379-5600, or you can visit our troop website at [www.centennial574.mytroop.us/](http://www.centennial574.mytroop.us/) and use the "Contact Us" function. Eric Vitcenda, Troop 574 Scoutmaster

**Buenos Aires Pizzeria**

*Pizza, Empanadas, Gelato, and more...*

*We are proud residents of Walnut Hills since 1990, and happy to bring a taste of our native Argentina to Denver!*

**1319/1307 22nd St, Denver CO 80205**  
**303.296.6710**  
 BAPizza.com

Located in the Ballpark neighborhood, just 1-1/2 blocks from Coors Field (North Entrance) Between Market and Larimer

**Bring this ad and**

**Save \$5**  
**on a \$30 gift certificate**

*Offer valid through 12/22/13*



**ADVANCED**  
 EyeCare Centers, P.C.

*Randolph E. Fincher, O.D.*  
*Edward J. Golesh, O.D.*  
*Laura L. Juba-Terrell, OD.*  
*Hayes A. Redmond, O.D.*

Serving all your family's eye care needs for over 20 years!!

- Comprehensive visual examinations
- Co-management for laser and cataract surgeries
- Diagnosis and treatment of ocular disease and injury
  - Complete contact lens and optical services
  - Glaucoma and eye infection care
  - Dry eye treatment

*For more information, please call:*

7447-6 E. Arapahoe Road, Centennial, CO 80112  
 303-770-8081 – Fax 303-770-1642

**JUMP START YOUR HOLIDAY CLEANING TODAY!!**

**We Clean Windows Inside & Out!**

Call Now & Have Clean Windows for:

- Graduations • Receptions
- Parties • Everyday Enjoyment!

**303-922-4655**

**CRYSTAL WINDOW & BLIND CLEANING**



## Self-Reliance Corner

by Jo Haugland

### Calling all prospective beekeepers!

Now is the time to start thinking and preparing to keep bees this spring.

Christmas is coming up, but that's not what beekeepers are thinking about. If you are a new or veteran beekeeper, fall and winter are the times to put the bees to bed and plan for the new beekeeping year.

If you are considering keeping bees next year, you'll need to start a check list right away. Some of the things to check into first include: finding a good "Intro to Beekeeping Class", getting a couple beekeeping reference books, finding out if the area where you'd like to put bees allows beekeeping, and joining a local bee club. Clubs can provide support, information, discounts, and are great venues for questions.

Next, put aside some money to purchase new or used bee equipment, hives, tools, protective gear, and of course bees! As with any new hobby there are tools specific to that hobby. Start up costs for beginning beekeepers today are running about \$500-\$600. There are many kinds of hives, many kinds of bees, many kinds of tools, many kinds of bee suits, and many ways to spend money on beekeeping.

Beekeeping is a labor of love and I've never met a millionaire beekeeper that made a million off of bees. Don't plan to get rich on profits made from your Colorado hives. Colorado is dry and unless your bees are on an irrigated crop, count on supplying the bees with supplemental food and water.

Then there is the lifting - sooooo much lifting. It is best if you can go into beekeeping with a partner and help each other with the heavy work. Fully laden hives can weigh almost 200 lbs., and that's without honey supers. In the beekeeping world, there's a saying that "people don't quit beekeeping because of bee stings, they quit because their backs give out on them." I don't want to discourage anyone from beekeeping, just be aware that there is heavy work and if you want to take good care of your hives, you need to be able to open them up and take them apart to inspect them.

Food for your bees is an important consideration. If you live on the prairie with only sand and cactus and yucca, there will be a problem. Bees fly from their hives in a 3-5 mile radius looking for food. If there is nothing for miles around, they'll starve to death. Even if your back yard is full of lovely bee plants, if your yard is all there is, the bees won't make it. Bees can gather all the pollen and nectar that a single yard might provide in a few weeks. What will the bees do for the rest of the year? Put your bees where there is lots of forage. Open fields with alfalfa, yellow sweet clover, wildflowers, bee friendly yards, and easy access to water - that's where you want them. Or an orchard.

At any rate, start planning now. There are beekeeping clubs throughout the Denver metro area that would be glad to help you. There is a Colorado State Beekeeper's Association at: <http://coloradobeekeepers.org/> Their website is loaded with great information.

Northern Colorado has the Northern Colorado beekeepers Association <http://nocobees.org/>

South metro area has the High Land Beekeeping Club [HLBKC1@gmail.com](mailto:HLBKC1@gmail.com) or <http://home.comcast.net/~high.land.beekeeping.club/site/>

Eastern Colorado has the South East Beekeeper's Club - [http://www.zvents.com/parker\\_co/events/show/251870064-south-east-beekeeping-club](http://www.zvents.com/parker_co/events/show/251870064-south-east-beekeeping-club)

Further south in Colorado Springs is the Pikes Peak Beekeeping Association - <http://www.pikespeakbeekeepers.org/>

The West has the Wild Mountain Beekeeper's Club - <http://www.285hustler.com/content/wild-mountain-beekeepers-club>

Downtown Denver has Denver Bee - <http://www.denverbee.org/> ,

And at one of our local beekeeping supply stores, To Bee or Not to Bee, two clubs meet - Women Who Bee (for the ladies) and Mile Hive Bee Club - <http://tobecornottobee.us/>

Check out any of these clubs and get involved. Classes will start soon. High Land Beekeeping Club already has a 9 hour, Intro to Beekeeping Class scheduled for Sunday, February 2nd, and bees are typically ordered in Jan-March timeframes. Some websites are taking orders for bees as we speak...

Beekeeping is a fun and exciting hobby that gives all participants a new look at nature, wild creatures, and the role they play in the world ecosystem.



## From your District 3 City Council Members

Ken Lucas & Mark Gotto



Ken Lucas  
Council Member  
District 3  
(303) 754-3367

Mark Gotto  
Council Member  
District 3  
(303)754-3407

I would like to congratulate Mark Gotto on being elected to serve District 3. Mark brings with him a wealth of business experience and a love of Centennial. We both look forward to serving you in the coming years. We have a couple of important announcements that we hope our District 3 residents will apply for:

### Vacancies on City Finance Committees

The City of Centennial is currently accepting applications to fill volunteer openings on its three Finance Committees:

- Audit Committee
- Budget Committee
- Investment Committee

Terms are for a period of three years. Meetings are held at 13133 East Arapahoe Road, Centennial, CO 80112. Candidates with relevant experience may obtain further details and application forms on the City website, [www.centennialcolorado.com](http://www.centennialcolorado.com), or from the City Clerk, 303-754-3302. Application deadline: Wednesday, December 11, 2013 at 5:00 p.m. Interviews will be scheduled for December 18, 2013.

**Join us for Centennial 101**, a free program to discover how our City works. In just seven weeks participants will understand how Centennial is unique, learn about how our tax dollars are used, experience a mock court trial, and find opportunities to get more involved in our community. Thursdays, Jan. 30 - March 6, 2014, 5:30 - 9:00 pm

### APPLY FOR THE CENTENNIAL 101 CLASS OF 2014:

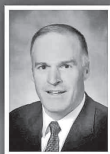
Applications for Centennial 101 will be available online November 11 - December 2, 2013. 30 participants will be accepted for the inaugural class of Centennial 101.

For more information, visit: [www.centennialcolorado.com/Centennial101](http://www.centennialcolorado.com/Centennial101)



**Heritage Home Care**  
Home care when you need it, where you need it!

Non-Medical Home Care - Where You Need It, When You Need It  
We Help Folks Stay In Their Homes Longer  
Adjust Your Care Plan To Fit Your Needs  
**[heritagehomecaredenver.info](http://heritagehomecaredenver.info)**  
**720-437-0189**



Please call Walnut Hills resident Doug Barker for a free consultation  
303-691-5070

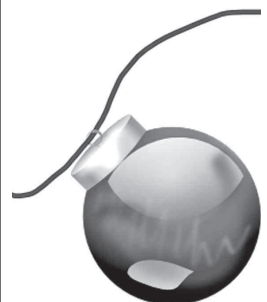
101 University Boulevard,  
Suite 230 Denver, CO 80206



## HALBERT HARGROVE

*"Investing to integrate your money and your life"*

WITH OVER 80 YEARS OF EXPERIENCE  
AND KNOWLEDGE, WE WILL HELP  
CREATE A PERSONALIZED SOLUTION  
FOR YOUR INVESTMENT NEEDS.







## Lola: On Life During the Holidays and Beyond

By Lorraine May, M.A.

I love living with my dogs. I love rescuing, fostering and boarding dogs. I love training dogs, and I love learning from dogs as well. As you have probably experienced yourself, certain dogs come along who are meant to teach us more than others and Lola is one of them.

Lola is a 7 year old black Lab who was found as a stray with a large mammary tumor. It makes me so sad to know that if she had been spayed before her first heat, there would have been almost zero chance that mammary cancer would have developed.

When I saw Lola's face in the shelter photo, I knew I had to go get her and ease her last days. I was told that she was terminal and had only months to live. I was not expecting her to still be around and going strong after almost two years. However, it did not surprise me to discover that she brought more to me than I could ever have offered her!

Lola awakens each morning with an eagerness for life and a desire to reconnect with her family. Her soulful eye contact communicates her love and her full engagement in the present moment. She is a perfect example of living life well. If she could write a how-to book, here is what I think she would say.

- You never know how much time you have so be grateful for each day.
- Set your priorities, like spending time together, and make them happen.
- Adhere to consistent meal times, but also value spontaneous snacks.
- Take care of practical family things like micro-chipping, vet care, and a pet trust.
- Allow plenty of time for snuggling, cuddling, napping and hanging out.
- Create a relaxing, joyful life with rules that aren't too rigid, but are very clear.
- Try to be kind and get along with everyone to help make life sweeter.
- Stand with your family in sickness and in health, in puppyhood and old age.
- Demonstrate your affection often, even if it is just a quick pat or endearing word.
- Celebrate and accept your unique family members with all of their barks and twitches and shakes.
- Come running when called – this usually results in something spectacular.
- Investigate the known from a different perspective until it becomes interesting or exciting again.
- Welcome everyone – they usually bring treats and blessings.
- Offer and accept love wholeheartedly.
- Have faith that things can always get better.
- Focus on what is going well and keep on playing!

Lorraine May, M.A., is the Founder, Executive Director and Head Trainer of Misha May Foundation Dog Training and Rescue, a 501(c)(3) non-profit animal rescue which offers a wide variety of educational classes to the community. The foundation offers free puppy socialization. Obedience classes, behavior seminars and in-home training welcome all dogs and issues. The Dog Trainer / Behavior Specialist Program is designed for the working person, and teaches our effective reward-based, anxiety-reducing techniques. Misha May was voted #1 Best Dog Trainer 2 years in a row on Denver's A\*List for 2013 and 2012!

www.mishamayfoundation.org.  
mishamayfoundation@gmail.com  
303-239-0382



## Co-Op Recipe Swap

### Old Fashioned Cut Out Cookies

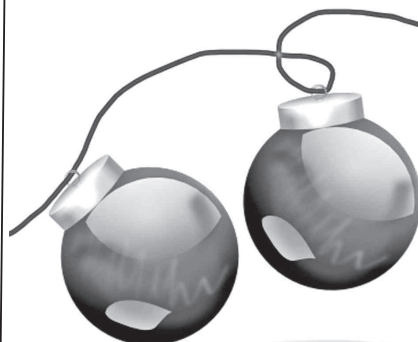
- 3 cups flour
- 1 cup butter - softened (or half butter/half shortening)
- 1 cup sugar
- 2 tsp cream (or evaporated milk)
- 1 tsp vanilla
- 1/8 tsp salt
- 1 tsp baking powder
- 1/4 tsp mace (optional)
- 1 egg

Cream butter and sugar. Add egg and beat. Mix in vanilla and cream. Add dry ingredients - mix well. Chill dough (1 hour or overnight).

Roll out dough to 1/8 inch thickness on floured surface. Cut with shaped cookie cutters. Bake at 350 for 8 minutes or until golden.

### Meet, Greet, Watch and Play!!!

Our next meeting will be December 15th at the Castlewood library in the meeting room. Come on by any time between 3:30 and 4:30 with your kiddos for games and crafts, and get to know neighborhood families in the bargain. If you've never been to a meeting or just want to know what we are all about, this is a great opportunity! Please bring a baby item for donation to The Gathering Place. Due to allergy concerns, we ask that each family bring their own snack. Questions? Call Laura at 720-384-5242. See you there!!!

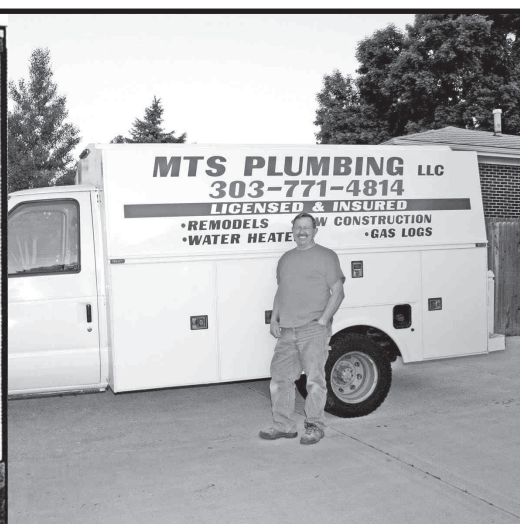


## M.T.S. Plumbing L.L.C.

- ◆ NEW CONSTRUCTION
- ◆ REMODELING
- ◆ GAS LOG INSTALLATION
- ◆ WATER HEATERS
- ◆ ALL PHASES OF PLUMBING

303-771-4814 / 303-378-0996

MALCOLM SPINKS  
Walnut Hills Resident  
Licensed, Insured, Bonded Master Plumber



Next Deadline January 15th  
 walnuthillsnewsletter@gmail.com

Walnut Hills Newsletter      walnuthillsnewsletter@gmail.com  
 Editor - Ilsa Gregg      Advertising Manager      Distribution Manager  
 720-514-9755      Donna Senn      Will Senn  
 303-741-2065      303-741-2065

## LETTERS TO THE EDITOR

### The Air We All Breathe

There has been a long-standing problem with folks who smoke, who have apparently been banned from smoking on their own property, and bring it to their surrounding neighbor's properties. Please be considerate and don't smoke near other's property.

I had a relative who died a long, painful death after being diagnosed with COPD, and I get ill when I smell smoke from cigarettes. I have chosen a smoke-free lifestyle, and I find it very inconsiderate when others bring their smoking close to my property. I cannot enjoy my own yard because of this, as the smell can easily drift across the yard, especially when the wind is coming from the right direction. Thanks.

### Walnut Hills Scholarships Exceed \$150,000.

Since the inception of the Walnut Hills Scholarship Program over \$150,000 has been awarded to students living in Walnut Hills. We would like to take this opportunity to express our thanks to the Walnut Hills Civic Association and the Walnut Hills Newsletter for their continued financial support of the Walnut Hills Scholarship Fund. A special thanks to the many residents that contribute year after year. We assure you that every effort is made to make the selection process fair and impartial and that every penny donated goes directly to students. There are few communities that have such a program and it could not be done without the support of residents and organizations such as ours. Thanks Again, Walnut Hills Scholarship Committee

### How Can We Help Improve Our Neighborhood?

1. This could be a group project. Can we motivate others to work to improve the neighborhood? Everyone benefits from other people's work. Can we get people to work together to solve problems in common areas. Perhaps a group project on dumpster days?
2. Make symbolic changes. Clean up common areas that need improvement.
3. Learn the art of subtle suggestion. If a person next door has a big dead tree in their yard, do not tell them "you really should get that removed." Instead try something like "my cousin told me that he was trying to start a tree removal business." People resent being told what to do.
4. Help out. Especially if your neighbors are elderly or very busy. A single mother of three with two jobs or an 88 year old man with a bad back could use some help. We have volunteers who help with snow removal. Is there a possibility that there could be a fund in the association for people who cannot afford the needed maintenance? It would be great to find out how other homeowners feel about this issue. Could we possibly have other homeowners send their ideas and input on this ever-growing problem to our newsletter at walnuthillsnewsletter@gmail.com?

## Classified Ads

WANTED: Snow shoveler. Whenever it snows 2 inches or more. \$10 each time. Near Tamarac St. and Ulster. Call Laura (303) 740-6226.

### FOR SALE:

1. Blaze King Wood Burner Insert with fan and backsplash. Good Condition. \$600
2. Youth Oak Bedroom Set. (Two dressers, mirror, and bookcase) Also in good condition. \$300 Please call : 303-694-3007

PET AND HOUSE SITTING  
 Walnut Hills Mother and Son team will care for all creatures and/or watch your house. No job too small. Have references. Call Senn Family @ 303-741-2065

HOME REPAIRS & REMODELING  
 Small jobs welcome. Tile work, baths, kitchens, and general carpentry. WH resident Jim #303-880-8830.

The HUGE Heritage Stocking Stuffer Wine Sale

All Wines 20% Off  
 750ml size and larger

All formats, bottles, boxes, jugs!

SALE BEGINS WEDS., DEC. 4<sup>TH</sup> THRU SAT., DEC. 7<sup>TH</sup>  
 4 DAYS ONLY!

HERITAGE WINE & LIQUOR 7475 E. ARAPAHOE RD. • CENTENNIAL, CO 80112

Family owned and operated since 1974

www.heritagewineandliquor.com PH (303) 770-8212 • FAX (303) 770-3494

FOLLOW OUR SOCIAL PROFILES FOR TIPS, NEWS & SPECIAL DEALS!

f t v in You Tube

**We are approaching my favorite time of year!!!** In honor of the upcoming holidays, and spoiling your kids, grandkids, or whoever is special in your life, I am offering a discounted rate through December and January. Use your hard earned money to spend more time with your family while I work with you to buy or sell your home with the same hard work I promise year round. Just mention this ad! I will continue my pursuit of keeping the integrity of this great neighborhood. **Let me be your expert neighborhood REALTOR. HAPPY HOLIDAYS!!!**



**Danielle Ayon**  
Broker Associate

6235 S. Main Street, Suite 250  
Aurora, CO 80016

Mobile (303) 478-2343  
Office (303) 345-3000  
E-Fax (720) 258-8179  
dayon24@kw.com

Each Office is Independently Owned and Operated



# Coupons

**buy one, get one FREE**  
(free item \$5 or less)

**Greenwood Village TCBY®**  
8547 E. Arapahoe Road #F  
Greenwood Village, CO 80112  
(303) 220-TCBY (8229)

**f** facebook.com/tcbygreenwoodvillage  
**t**witter @TCBYGV

©2011 TCBY Systems, LLC. All Rights Reserved. Expires 12/31/14. Valid only at listed TCBY®. Must present coupon at time of purchase. Free item applies to yogurt of equal or lesser value. Limit one coupon per customer per visit. Not valid with any other offer. Void where prohibited.





***DRAIN PROBLEMS?  
PLUMBING ISSUES?***

*CALL YOUR NEIGHBOR!*

**SURE DRAIN**  
COMPLETE PLUMBING AND  
DRAIN CLEANING SPECIALIST

**720-366-3757**

- SEWER & DRAIN SERVICE
- GARBAGE DISPOSERS
- WATER HEATER REPAIR/REPLACE
- LEAKY PIPES & FIXTURES
- COMPLETE PLUMBING AND DRAIN SERVICE

**\$10.00 OFF**  
ALL WALNUT HILLS RESIDENTS

**be truly amazing**



Call to schedule a **FREE** placement test today!

877-986-6671  
www.kumon.com  
©2009 Kumon North America, Inc.

**Imagine...**  
reaching heights no one ever expected.

Great things are possible when your child has the skills to succeed on her own. Kumon Math and Reading uses a proven method to nurture achievement and help your child perform beyond expectations.

**KUMON CENTER OF ENGLEWOOD**  
303-779-2605  
7447 E. Arapahoe Rd., #7

**KUMON**  
MATH. READING. SUCCESS.

## All American Housecleaning

Top to Bottom Housecleaning  
Weekly, Bi-Weekly, Monthly, Move-Outs, Move-Ins  
Insured and Bonded  
Free Estimates 720-404-3188

### \$20 Off First Housecleaning

**Charmaine's Bella & Colour Salon**  
7200 E. Dry Creek Rd Ste. G-207  
Centennial, CO 80112  
(720) 529-0945 Salon  
(303) 619-5145 Cell

www.hairbycharmaine.com

Specializing in weddings, makeup, special event updo's, latest styles, haircuts, hair color and curly hair. Customized facials and waxing for both women and men.



<p>Haircut \$15 off (\$55 Value) \$15 off a full highlight, \$10 off a partial highlight or \$10 off an all over color</p>	<p>\$15 men's haircut Includes hot steam face towel, shoulder and neck massage.</p>	<p>\$10 off a facial, \$5 off any waxing, or \$15 off diamond microdermabrasion or peels.</p>
<p><small>*First time clients only* Limit 1 coupon &amp; not valid with other offers.</small></p>	<p><small>*Firemen/Firewomen and Military/Veterans always receive a discounted price* (Valid ID required).</small></p>	<p><small>Our salon has been nationally published in the Inspire Hair Fashion Book.</small></p> <p style="text-align: center;"><b>*Voted Top Stylist*</b></p> 



## My Favorite Muffin

YOUR ALL DAY BAKERY CAFE

8719 E. Dry Creek Rd.  
(Dry Creek & Yosemite)  
303-290-1027  
Fax 303-290-1028  
www.muffincafe.com

Muffins • Bagels • Sandwiches • Espresso  
Coffee • Catering • Salad • Gift Baskets

Expires 01/31/14 Code Doo

# \$24<sup>99</sup>

## 3 Dozen Mini Muffins Tin

MyFavoriteMuffin.com  
Only one coupon per visit. Coupon is not redeemable with any other coupon or special offer. No reproduction allowed. Valid only at Dry Creek Rd, location. ©2013 MAF, Inc.

**Locally owned & operated by Eric Abbott & Mark Rank**

# Walnut Hills Newsletter

*New Year Special Offer*

Donna Senn 303-741-2065

**20% off advertisement, 1/4 page or larger, with coupon**

New customers only, pre-paid offer expires January 15, 2014

## Coupon Offer



# Geo's

Original Italian Restaurant & Lounge

**Dinner 2 for \$30**

- 1 appetizer (Italian eggroll or Chinese sticks)
- 2 Entrees with salad (Chicken Parmesan, Eggplant Parmesan, or Canoli)
- 1 order of Pizza Freaks

**Dry Creek Business Park**  
7200 E. Dry Creek Road  
Building R  
Centennial, CO 80112  
303-862-3248

**Hours:** Mon and Tues 3 - 9  
Wed and Thurs 11 - 9  
Fri and Sat 11 - 10  
Sunday 11 - 8

# Purchasing a New Home? Refinancing? Kids Going to College? Want a Lower Payment?

## WE CAN HELP!

Our Loan Officer can help with ALL your home financing needs.  
Contact Michael Shoup for Mortgage Loans.

Michael Shoup #303-713-3072

Apply Online:  
[www.firstnationalbanks.web-loans.com](http://www.firstnationalbanks.web-loans.com)



FIRST  
NATIONAL  
BANK

7777 East Arapahoe Road  
Centennial, Colorado 80112  
**303.770.5100**