

Walnut Hills Newsletter

"A Beautiful Community of Families, Friends and Neighbors for 50 years."

Halloween Fun in Walnut Hills!

At the home of the Garcia Family on E. Davies



Photos by: Julie Marsicek, submitted via cell phone

\$ 9,000 in Scholarships Available to Walnut Hills Graduates in 2012

At a recent meeting of the Walnut Hills Scholarship Committee, it was decided that due to the current level of support, three scholarships for \$3,000 each would be awarded in 2012. The scholarships will be awarded to high school graduates who live in Walnut Hills, graduate in 2012 and plan to attend college in 2012. The scholarships are good at any accredited college in the United States.

It is through the efforts and contributions of Walnut Hills residents that these scholarships are available. Last year residents contributed nearly \$6,000 and the Walnut Hills Civic Association and the Walnut Hills Newsletter contributed an additional \$2,500. The amount of next years scholarships will be based on the amount of this year's contributions. Contributions can be made with Walnut Hills Civic Association dues in March or can be made directly to: The W. H. Scholarship Fund at 7219 S. Tamarac Ct. Centennial, CO 80112.

We would like to take this opportunity to express our thanks to the Walnut Hills Civic Association and the Walnut Hills Newsletter for their continued financial support of the Walnut Hills Scholarship Fund. A special thanks to the many residents that contribute year after year. We assure you that every effort is made to make the selection process fair and impartial and that every penny donated goes directly to students. There are few communities that have such a program and it could not be done without the support of residents and organizations such as ours. Since the inception of the Walnut Hills Scholarship Program, over \$125,000 has been awarded to students living in Walnut Hills. Thanks Again, Walnut Hills Scholarship Committee.

Scholarships Applications will be available in the Post Grad Center at Cherry Creek High School or may be picked up from John Fuller 7219 S. Tamarac Ct. 303-771-2838 after January 1, 2012. The deadline for all applications is Thursday, March 15, 2012.

The Walnut Hills Scholarship Committee welcomes any comments or suggestions. They can be directed to the Walnut Hills Scholarship Fund at 7219 S. Tamarac Ct. Centennial 80112, or to any of the members of the scholarship committee: John Fuller, Diane Graham, Joan Rowe, and Eric Schultz.



Paula Hillman -
Chair, Walnut Hills
Civic Association

It is hard to believe we are headed into the holidays already. It was a glorious fall and the trees put on quite a show. For me, few things match the beauty of gold, orange and red leaves against the beautiful blue Colorado sky.

Unfortunately, my fall was marred by the death of my sister's dog "Chewie." He was playing in my backyard, which is enclosed by a six foot privacy fence, and was killed by a coyote. I had forgotten about the dangers of leaving small pets outside unattended because the news about coyotes had died down.

After mentioning the incident to my neighbors, I learned that another neighbor's dog had been attacked, but was not killed because one of their other dogs had scared the coyote away.

I contacted Centennial Animal Services and the Colorado Department of Wildlife. Neither agency could help with this particular coyote problem because a human had not been harmed. It is a difficult situation. If this coyote were somehow removed, it would open the area to other coyotes or predators like foxes or raccoons. It seems at this point the only thing that can be done is to haze the coyotes and remain watchful of our pets.

I did read of a community soaking tennis balls in ammonia and putting them in the area that coyotes frequented. I don't know the outcome

of that effort, but it may be worth a try.

On a more positive note, the Walnut Hills Civic Association's fall Dumpster Day was a resounding success. If you have not taken advantage of this yet, it is well worth your Association dues. It is as easy as loading up your yard debris, any other unwanted household item, like sofas or other furniture, and the folks manning the garbage truck will unload the items. Donna Senn and Andrea Suhaka did a great job of keeping the cars and trucks moving through the line in a timely manner.

Speaking of trash, the Civic Association is going to be talking to a garbage collection service at its December 9th meeting. It is possible that the service will provide Association members discounted trash service. Our goal is to add value to Association membership, as well as reduce the number of trucks coming through the neighborhood.

Judging for the annual Holiday Lighting contest will be December 15th. Board members will be driving through the neighborhood, taking pictures and meeting to decide the best display. You have to be a Civic Association member to win. If you haven't joined the Association, but want to be considered, it's not too late. Prizes are awarded for first (\$100) second (\$75) and third place (\$50). Be sure and visit our website to see pictures of the great decorations www.walnuthillscolorado.org.

Best wishes from the all of us on the Board to all our neighbors for a wonderful Holiday season filled with happiness.

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TONYJTERRY@gmail.com



The Right Way to Get Lit - Tips for Holiday Lighting Safety

By Elizabeth Sklaroff - Xcel Energy

Much like Clark Griswold in National Lampoon's Christmas Vacation, you might also feel that nothing says, "Holiday season," like a properly bedazzled yard and home. How you decorate your house is a highly personal, and sometimes bizarre, creative expression of you and your family. If you want to show your holiday spirit with neon reindeer and a giant inflatable Santa enclosed in bubble of blowing snow, no one can really stop you (short of the homeowners association).

Yet, don't let the spirit of the season overwhelm your good judgment. Despite its reputation as the most wonderful time of the year (didn't someone write a song about that?), the U.S. Consumer Product Safety Commission estimates that about 1,300 people are treated each year for injuries related to holiday lights and another 6,200 are treated for injuries related to holiday decorations and Christmas trees. What's more, your favorite decorations and lights can be inefficient, energy-suckers.

Given these stats, what should you be doing to ensure your holiday lighting project is memorable for the right reasons, as opposed to a surprise visit to the emergency room?

- Locate overhead power lines before you climb the ladder with decorations, and keep a minimum 10-foot distance between the lines and anything you're holding or using such as a ladder.
- Hang outdoor lights far from power lines because if they touch a power line, they can become energized. Talk about a potential Clark Griswold moment!
- Use outdoor-specific lights that have been tested for safety by a recognized testing laboratory, which indicates conformance with safety standards.
- Follow package guidelines for proper indoor and outdoor use of decorative lights.

- Throw away lights that are worn out and have cracked or broken sockets, frayed insulation and bare wires.
- Unplug decorative lights when you leave home or go to bed.

Efficiency Tips

- Swap larger, traditional light bulb strands for LED lights that are more durable and use 90% less energy.
- Try solar-powered lights - they cost more but you don't need to worry about electricity costs, plugging/unplugging them and they're perfect for any areas where outlets aren't easily available.
- Keep your lights on a timer or photo cells to turn lights on/off at a certain time and reduce your overall energy use (be sure to use a timer that can handle the total wattage of your lights).
- Recycle your old lights - many local retailers offer programs where you can drop off and recycle your old lights.

By following these practical tips, you'll be well on your way to a happy, safe and energy-wise holiday season.



Merry Christmas!

Attention Neighbors!

Come celebrate the Holiday

Season with Metrum Credit Union!

Santa will be arriving at Metrum Credit Union on Saturday, December 10th. He will be available to visit from 9:00 am to 12:00 pm. Check out the goodies at the Annual Bake Sale - all proceeds benefit The Children's Hospital. Fun Crafts. Visit and have pictures with Santa!

For more details, contact Metrum Credit Union #303-770-4468 and dial option 5.

Metrum Credit Union
6980 S. Holly Circle, Centennial,
CO 80112



Denver Zoo's Annual Zoo Lights Event!

December 9-January 1

5 - 9 p.m.

Adults (ages 12-64) \$ 9

Seniors (ages 65+) \$ 7

Children (ages 3-11) \$ 5 - under 2 yrs FREE

Michael J. Harmon D.D.S

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AMERICANS REACT TO RISING FEES AT BANKS- BANK TRANSFER DAY

Did you hear about Bank Transfer Day on November 5th? Bank Transfer Day was an independent movement, which encouraged anyone upset with big bank fees to make the move to a credit union. The movement received extraordinary results even before November 5th. Over 60,200 people "liked" the movement through Facebook, with many stating they planned to move their bank accounts to a credit union. According to the Credit Union National Association (CUNA), over 650,000 people have joined credit unions since September 29th- the day Bank of America unveiled its now rescinded \$5 monthly debit card fee. In Colorado, that amounted to 14,000 new accounts and over \$100 million in new deposits.

Although November 5th has passed, it is not too late to make a change and improve your financial health. You have many financial service providers available to you.

FINANCIAL COOPERATIVE

Credit unions are another choice for your banking needs. They are based on the cooperative structure of people pooling their resources (money) together and helping each other. When you become a 'member' of a credit union, you become an owner of the not-for-profit financial cooperative. Because a credit union is not-for-profit and is owned by its members, revenue received from any fees assessed or interest paid on loans is directed back to the members through lower cost services and typically better rates on loans and savings accounts.

CONVENIENCE IS KING

Branch locations and access to funds are primary reasons for consumers when choosing where they want their bank account. Credit unions often beat the competition with the number of branch locations and have a network of ATM's larger than that of any bank in the country. Utilizing their cooperative structure, credit unions work together to provide better services and access to their members.

- ⇒ Over 4,430 branches nationwide (and growing)
- ⇒ Over 28,000 Surcharge-Free CO-OP ATMs

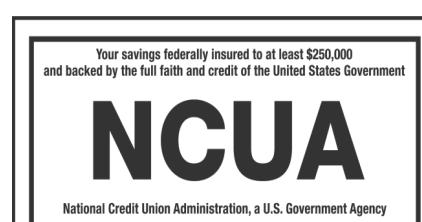
SERVICES TO MEET YOUR NEEDS

Credit unions offer a wide range of services for your banking needs. From free checking and electronic services to auto and home loans, credit unions are ready to serve your needs.

MONEY TALKS; I'M PUTTING MINE IN A CREDIT UNION!

Do you have your primary account at a credit union? If so, and you have realized first-hand the added benefit of credit union membership; spread the word to friends and family. Credit unions rely heavily on referrals to grow. The more they grow, the more they can serve and provide the products and services that you're looking for.

Ready to learn more and move your money to a credit union? Your community has one available; Metrum Community Credit Union (metrumcu.org). Please feel free to contact us to learn how we can assist with all of your banking needs.



303-770-4468
www.metrumcu.org
 6980 South Holly Circle
 Centennial, CO 80112





WINTER WONDERLIGHTS

The Wildlife Experience

December 9-23, 2011

5:30 – 8:30 p.m.

Last ticket sold at 8 p.m.

Start a new holiday tradition at Winter WonderLights! Plan an escape this season to The Wildlife Experience for a fun and magical journey to the North Pole. Families are welcomed to a variety of holiday favorites, including an all outdoor trail of lights, snowy villas where children can visit with Santa Claus, and even live reindeer.

Educational opportunities await you, where families can learn about favorite winter animals, such as the arctic fox, polar bears, orca whales, and many more! After enjoying the festivities, escape the winter chill and relax in the Extreme Screen Theater with a showing of the original animated How the Grinch Stole Christmas complete with popcorn and other favorite holiday treats.

Cost:

- Adults \$9
- Seniors \$8
- Children 3-12 \$6
- Children under 2 years old FREE!
- Members receive a \$2.00 discount.

Call 720.488.3344 to purchase tickets or buy online. 10035 Peoria Street Parker, CO 80134



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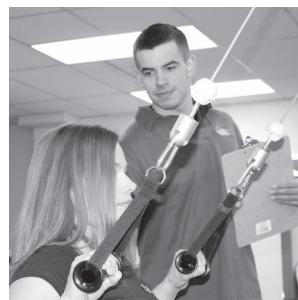
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and don't wait until it's too late to get your body back!



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Ask the Trainer

Do Carbohydrates make me fat?



No, but that dress does.

Just kidding! Your body requires three macronutrients: Proteins, Fats and Carbohydrates. You should not eliminate any one of these categories from your diet. In fact, ideally, you should eat from each of these categories at every meal! Now, carbohydrates come in all different shapes and sizes ... and qualities. Some carbs are pure fluff and provide little to no nutritional value to your body. These include refined sugars and overly-processed flours, i.e. candy, cupcakes, white bread, white rice, crackers, and even pretzels and bagels. When you eat grain carbohydrates, make sure they are made from whole-grains, i.e. oatmeal, whole wheat bagels, quinoa, and brown rice. But realize, too, that vegetables and legumes are a great source of the

carbohydrates that your body needs! The key here is to eat as naturally as possible and avoid too many processed products. If you do choose to eat from a package, read the ingredients and look for higher fiber numbers and lower sugar numbers. And combine the carbs that you eat with a protein and a fat. This will help moderate your body's uptake of the food and keep your blood sugar more stable. And this really is the key to avoiding the fat accumulation that occurs in response to "feast" and "famine" blood sugar spikes and dips. So, eat carbs. Just try to eat mostly good quality carbs and eat a lean protein and a good fat with those quality carbs. You'll feel the difference in the energy you have to face each day!

Dianne Bailey, CSCS

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ALL WALNUT HILLS RESIDENTS

Cub Scout Pack 257 News and Updates

The Cub Scouts of Pack 257 have been busy this fall! We welcomed several new Scouts into our pack, and got the year off to a great start with a visit from the Buntport Theater. The Scouts of Pack 257 learned all about improvisation, and we'll look forward to our next campfire, when they display their new skills!



In addition to selling popcorn to support Scouting (we know you're craving some more caramel corn!), Scouts raced their Space Derby rockets, raked leaves for veterans and the elderly in our neighborhood, collected canned goods for food banks in the greater Denver metro area, and will start collecting items for a holiday donation to the Denver Rescue Mission. We also honored our veterans by participating in Veteran's Day Celebrations at Heritage, Dry Creek, and Walnut Hills Elementary schools.

Scouting is a year-round program. It promotes citizenship, responsibility, and cooperation in boys in grades one through five. Boys who participate in Cub Scouts are recognized for their hard work, benefit from working together with peers and trained leaders, and participate in camping and group activities they may not otherwise be able to



Happy Hanukkah!

experience. During the school year, younger Scouts make trips to various spots within our community, including police and fire stations, community centers, and historical sites. Older Scouts participate in service projects and go on camping trips, gaining confidence and independence along the way. Pack 257 holds several activities throughout the summer, including day camp and overnight camp.

Scouting is great for boys! They establish new friendships and learn to work individually, in groups, and with their families to accomplish goals. Scouting provides positive reinforcement and recognition for boys when they do their best. Scouting prepares boys for life. For busy families, it's a great way to spend quality time with your kids.

If you're interested in joining Pack 257, or want to know more, please contact Jennifer Loehr at jennifer@loehrs.com or 303.359.6452. You can also visit the Denver Area Council website at www.denverbyscouts.org, or the national website, at www.scouting.org.

Update on the Walnut Hills Elementary School Garden

By Svboda Burns
Garden Chair Person

Walnut Hills School is excited to share our experience with the first year of our school garden. During the last school year we appreciated the support of staff, parents and students! Children got the opportunity to see how vegetables are grown. This year we choose the theme of a Salsa Garden. We planted tomatoes, peppers, parsley, corn and carrots. Here is what happened...

Our principal coordinated the Cherry Creek District Grounds Department to approve a spot and prepare the area for a garden. Thank you Mrs. Burdick!

Next, we sent a survey to all staff and families and asked what hopes and expectations they have for a school garden. We asked about the ways people will participate in the garden. We created a committee with parents and staff to plan for the garden. We had a salad bar fundraiser at the school. Families brought a

Dry Creek's Veteran's Day Assembly

Caitlin W. and Amanda S.
Fifth Grade Reporters:

America, home of the Stars and Stripes. Sometimes people wonder how we got to raise our flag so proudly. Veterans are the cause of this pride, and as a result, we honor our veterans.

To celebrate Veteran's Day, Dry Creek Elementary hosted a marvelous assembly to give thanks to these phenomenal people. On November 10, 2011, our fifth-grade Ambassadors led the veterans into the gym, with applause roaring on either side of them. These lovely men and women from the Coast Guard, Navy, Marines, Army and Air Force are relatives and neighborhood friends of our wonderful pupils. Following the veterans in the assembly, the fifth-grade Girl Scout Troop 1882 Color Guard honored our flags and the whole school recited the Pledge of Allegiance.

To get everyone in the Veteran's Day mood, second-graders through fifth-graders read poems, letters, and written stories they created. Our award winning writer, Alison Chen, read her veteran's writing that won the district competition. She stated, "I was proud that I had the privilege to read my writing in front of the veterans." After that, Mr. Sigman, our principal passed the microphone to each of the veterans. We

heard many stories of past experiences that caught the audience's attention. One was about a man who had served 26 years in active duty. Adding onto that, two of the men served in World War II. To increase our excitement, we heard that one of the veterans had been shot twice during his time serving as an American spy. Also, several women were there; some had been nurses on the battlefield. Then, one of the veterans reminisced about working with captured Japanese prisoners of war and said something that students would not soon forget. He said, "Be a friend to your enemies."

Near the end of the assembly, we reviewed a touching slide show of pictures which honored veterans who could not join us on this day of remembrance. Surprisingly, a fair number of the photos were those of relatives of teachers. To close the assembly, first-graders sang "I'm Proud to be an American."

To show our pride to these hard-working, loyal folks, the Color Guard closed the ceremony by leading our veterans through the cheering array of children circling the school within the halls. The students' hands thumped in applause, their jubilant voices echoing through the hall. Forever more, Dry Creek Elementary thanks our veterans.

Purchase Your Tickets Now

for the 2011 Homestead Elementary Holiday Home Tour

(including concessions, vendors and chance drawings)

Saturday, December 10, 2011

11:00am-4:00pm

Benefiting
Homestead Elementary School's enrichment activities

To obtain a ticket order form, visit
Homestead Elementary School's main office, Homestead in the Willows Association office or on-line at www.home.ccsd.k12.co.us

Ticket Price
\$15 in advance or \$20 the day of the tour

Questions?
call Anita at 303-798-6869



salad item to share and we accepted donations. We had good food, good company and raised money to purchase supplies for our garden. We solicited local businesses to support the school garden. Thank you to Tagawa Gardens and the Sunflower Market on Arapahoe Road! Students, staff and parents helped with planting the garden and caring for it during the summer. Special thanks to Mr. Johnson, our Building Engineer, who made sure our plants got enough water during the hot summer days! Next, it was time to harvest the plants in our Salsa Garden and so we had a PARTY! We made salsa, got chips and played music! All our students and staff celebrated the first

year of the Walnut Hills Garden.

We are looking forward to this spring and planting another garden. Thank you to all who supported the first annual Walnut Hills Elementary School Garden! It is an amazing opportunity for the children to learn about nutrients, culture and community!

If you are interested in supporting the Walnut Hills Garden please contact the school at 720-554-3800.



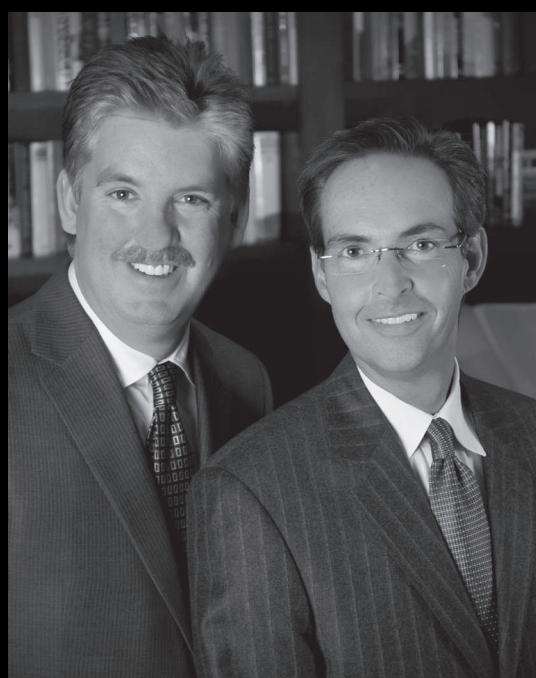
Are You Thinking About Listing Your Home?

You might want to list right after the first of the year.



The current Available Inventory of homes on the market today is at the lowest levels in years.

1. Less competition for Buyers - many Sellers delay listing their homes until spring.
2. Winter prospects are generally more serious Buyers, not just "looky-loos".
3. This is a great time for out of state Buyers to make a dual-purpose trip to include both house hunting and family visits.
4. One of the highest percentages of "listings sold" to "listings taken" occurs during this time of the year.
5. First quarter is traditionally the biggest transfer month, and you must have your home listed to capture that activity.



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Dumpster Day a Huge Success

Andrea Suhaka - Walnut Hills Secretary

Dumpster Day on October 15th was great! Donna Senn and I kept the unruly hoard at bay while everyone waited for their turn. No, no one was unruly. It was a very pleasant fall day and patience abounded in the fairly short waits for a turn to "dump." Brooke, our metals guy, was there with his son, as usual. Pro Disposal gives us a very good price for their garbage trucks and two wonderfully helpful gentlemen to aid with the materials people come to "dump."

We had 64 people go through the line; eight of them more than once. The Walnut Hills Civic Assoc. picked up 10 new members and the Walnut Hills Scholarship Fund got \$45 in donations.

This is constantly a very successful event for the Civic Association and we're very proud to be able to offer it to our membership on three Saturdays a year. We have just paid the

important to its continued success that residents of Walnut Hills pay their Civic Association dues. We'll be back with two Dumpster Days in May!



Pro Disposal bill of \$810, close to \$3,000 a year. As you can see, we do not collect enough in memberships on the day of the event to pay for this event and it's really



If you're not already, please consider becoming a member of the Walnut Hills Civic Association and taking part in the many fun and useful events and activities we sponsor. We're here for YOU, the residents of Walnut Hills. You may join online at www.walnuthillscolorado.org or look for the membership form on page 14.

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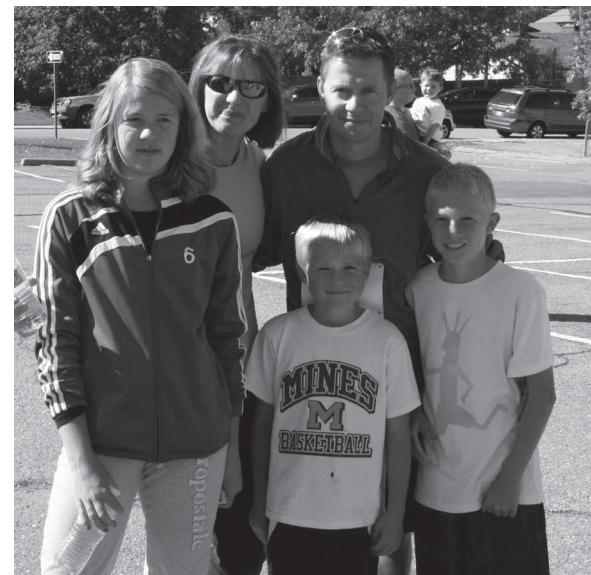


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Amazing Neighbors!

Pound the Pavement for Plus Time was a success! Thank you to all who participated, to all who helped out, and a huge thank you to our sponsors!



Sunflower Farmers Market
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Centennial, CO
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www.sunflowermarkets.com

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When our school is strong, our neighborhood is strong.
Thank you, Walnut Hills, for your support!



Self-Reliance Corner



By: Jo Haugland

The holidays are upon us. Wouldn't it be great if there was less stress? How about spending more time with family and friends and less time shopping and buying everybody everything? Most of us try to plan time for family, religious celebration, or to catch up with friends. Then we get caught up in "the holidays" and everything goes berserk.

My family has taken an interesting stance on the holidays. We just don't exchange gifts (except for the kids). That might sound callous, but we are all adults, have a lifetime worth of accumulation, and truly need nothing to enhance our existence. In fact, we're all trying to unload the excess stuff we have now.

Consider that most people already have everything they could ever want, and many of the gifts they get, they don't need, don't want, or they aren't "right." Sometimes people secretly "re-gift," other times they exchange or return unwanted items. Not to be cynical, but gift shopping, wrapping, exchange, return, or storage is more work than it is worth. We don't remember what we got from whom and there is no special feeling or sentiment from receiving the item.



As an alternative why not give someone a gift of your time? One time my brother offered to stack two cords of wood for me. That was hugely appreciated and I'll never forget the effort involved in that gift. Don't have that much time? Once I was given a wreath from dried grape vines and plants that I had been studying. How thoughtful and personal! Another time a family member gave a guest a bowl the guest had admired and everyone was so pleased.

Why not just have someone over for coffee and a treat? If you must give a gift, provide a consumable from your garden, a product from your animals, or something only you can make or do. Give something that will get used up or consumed, and not be a burden to the receiver.

So you don't have a homemade product, craft, or time? There's no reason you can't meet a friend at a bookstore, share a latte, and plan to make it personal next year. During your bookstore conversation, start a "what if" list for the New Year.

What if you and your neighbors started a community garden? Maybe you'd grow some beautiful crops that a neighbor would help you preserve. What if there was a bee hive in that community garden? You could learn about bees, honey, pollination, and other bee products from the beekeeper. What if you used chickens as a natural form of



pest control? You could learn about chickens, discover methods of fertilizing and protecting plants. Next you might learn about using insects for insect control! What if goats were brought in to control weeds in your community garden? There might be just the opportunity to learn about goats.

This year save money, spend meaningful time with friends and loved ones. Try to "gift" less or in an untraditional manner. Plan to learn something useful next year, something that will sustain yourself and others. Plan time to be grateful, appreciative, and helpful and have joyous holidays.



26 YEARS

26 YEARS

38 YEARS

17 YEARS

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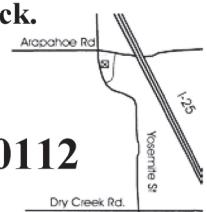
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Lone Tree Symphony

Holiday Concert

Saturday, December 3, 2011, 2:00 p.m.

- Emile Waldteufel: Christmas Rose Waltz
- Lucas Richman: Hanukkah Festival Overture
- Leroy Anderson: A Christmas Festival
- Nikolai Rimsky-Korsakov: Snow Maiden Suite
- Englebert Humperdinck: Hansel and Gretel
- Victor Herbert: March of the Toys from Babes in Toyland
- Various: Christmas Sing-alongs

Lone Tree Arts Center
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Lone Tree, CO 80124

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Registration Deadline: Friday, February 10

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Class no. 2: Visual Arts as Reflected in Music - and not just Impressionism
Class no. 3: Mozart in Words and Music - His Letters and His Works
Class no. 4: National Pride and Music - Saying Who We are by How it Sounds

Class no. 5: Music for the Seasons - Spring, but beyond Vivaldi

Class no. 6: In-Depth Masterworks - Inside Beethoven's Symphony no. 5

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Castlewood Library Programs

Grinch Family Book Club

Tuesday, December 6, 6:30 - 8 p.m.

Celebrate like the Whos in Whoville! Read Dr. Seuss' classic story, *How the Grinch Stole Christmas*, partake in some "Grinchy" projects and maybe even watch the popular animated movie! Parents and caregivers: Refresh your kids' memories by reading them the story before attending this activity. To get a copy of the story, please ask staff in the children's area.

Holiday Open House

Saturday, December 10, 2-4 p.m.

Drop in and get into the festive spirit during Castlewood's annual holiday open house. Entertainment includes musical performances by the **What the Dickens? Carolers!** from 2-3 p.m. and the **Wong Sisters** from 3-4 p.m. Refreshments offered.

No registration needed.

Free Gift Wrapping Service

Saturday, December 17, 11 a.m. - 1 p.m.

Teen Volunteers will wrap your holiday gifts for free! Choose your paper, ribbon and gift tags, and enjoy a brief respite in the midst of the season. Limit three gifts per person.

Holiday Fun with Beth Epley

Thursday, December 22, 7-8 p.m.

This multi-talented performer, a musician, comedian and general funny person, will entertain children and parents alike with an hour of fun and laughter.

**Program registration is required unless stated otherwise.
To register, visit www.arapahoelibraries.org or call #303-542-7279.**

Colorado Music Institute

6789 S. Yosemite St. #300

Centennial, CO 80112

303-347-9447

A Walnut Hills Business

to take electric guitar lessons. I have been impressed with the instructors and environment that are both professional and structured, yet have the fun and cool vibe that appeals to my son. Starting two years ago with a new guitar and no experience, my 8 year old has developed the skills, knowledge and confidence to participate in Summer Rock Band Camp. He, along with 4 other students, were skillfully placed into one of the 5 bands created for Summer Rock Band Camp. Each band had their own practice studio stocked with professional grade equipment. The instructors knew the students and used their professional expertise to match student's skills with music they wanted to play. In 5 days, my son's band of 3 guitarists and 2 drummers learned 3 songs and had the amazing experience of performing together on stage in a professional setting. We feel very fortunate to have connected with Colorado Music Institute.

Nancy Kruse and her family have been Walnut Hills residents for 13 years. Colorado Music Institute has specialized in guitar, drum, keyboard and vocal instruction for 17 years.

Colorado Music Institute

I am thrilled to share our experience at Colorado Music Institute with my Walnut Hills neighbors. Located on the NE corner of our neighborhood, Colorado Music Institute has been a fantastic place for my son



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Phishing

Laptop Repair Denver has heard numerous stories from customers, and even one of the owners about "phishing." You do not want to become a victim of phishing! A phishing expedition is an e-mail that is asking you for personal information. The information that most phishing expeditions want is your full name, Social Security Number, Credit Card Numbers - complete with the 3-digit code on the back, etc. The authors of these e-mails use several techniques to get this information from you. They want to steal your identity and buy things "on your dime." What is most interesting about some phishing schemes is that they try to make you think someone has been trying to "steal" your identity and you need to "verify" your true identity to them. But, in fact, they are the ones who are actually trying to steal your identity.



The current most common technique these folks are using is to make an e-mail look like it is from:

1. A legitimate bank where you may or may not have an account.
2. Ebay.
3. PayPal.
4. A department store where you may or may not have an account.
5. An airline from which you did not purchase a ticket.
6. A person in a foreign country that wants to send you money and pay you a commission. It is very easy to get the graphics necessary to make a phishing e-mail look legitimate. However, there are a few ways to tell a legit e-mail from a phishing e-mail:
 1. The sender's e-mail address does not relate to the company that is sending the e-mail.
 2. NO FINANCIAL COMPANY EVER ASKS FOR PERSONAL INFORMATION IN AN E-MAIL!
 3. The e-mail is written in plain type fonts and the grammar has a few mistakes. (One phishing e-mail I got actually told a story about how he was a foreign national and please excuse his "not very good English.")
 4. Internet links in the e-mail are masks for the actual location they would take you.

So, what do you do if you think that an e-mail you have received is on a phishing expedition?

Report it to the company it appears to come from by phone, they may ask you to forward it to them. Secondly, DELETE IT, it cannot hurt you. There is nothing in one of these e-mails that is malicious. The very fact that you even have the slightest question about validity of an e-mail should make you delete it.

For any other computer related issues such as liquid damage, battery not charging, cracked screen or just plain old slowness, please contact Laptop Repair Denver for assistance!

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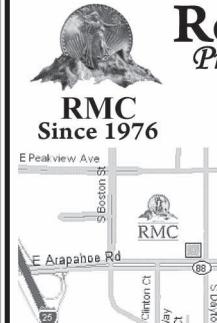
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BABYSITTER experienced with twins, toddlers, elementary ages. References. WH teen Kaelin#720-346-5119.

BEST HOME AWAY FROM HOME: Private dog boarding in my home. 25 years experience. Centennial resident 25 years. Joanne #303-221-2725.

TEEN SQUAD: Raking, pet care, distribution of flyers, etc. WH teens Jordan#303-617-1687 or Jeremy#720-255-7064

PIANO LESSONS FOR KIDS: Beginner to intermediate. Experienced pianist. WH teen Nathan#303-968-4237.

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Walnut Hills Civic Association
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www.walnuthillscolorado.org

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Please return this invoice with your check payable to WHCA

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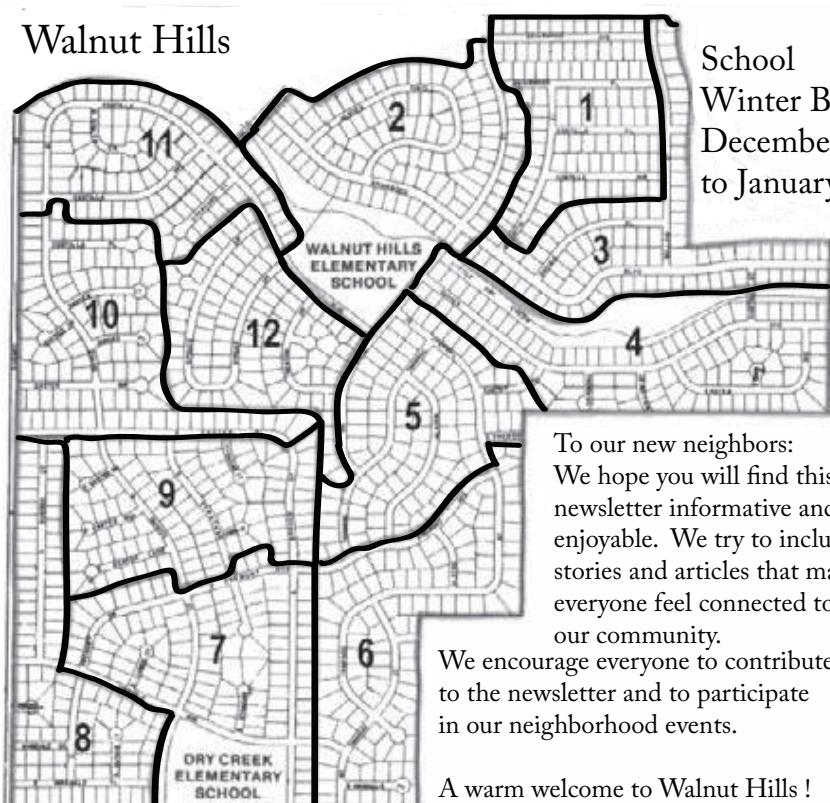
E-mail: _____

_____ I need help shoveling snow.

_____ I would like to shovel snow for others.

_____ I would like to join the Board.

Walnut Hills



To our new neighbors:
We hope you will find this newsletter informative and enjoyable. We try to include stories and articles that make everyone feel connected to our community.

We encourage everyone to contribute to the newsletter and to participate in our neighborhood events.

A warm welcome to Walnut Hills!

TEEN DIRECTORY

Key: B=Babysitting (*Red Cross or BS Certified)
C=Lawn, Snow or Chores H=House Sitting P=Pet Sitting

| | | |
|-------------------|--------------|------------|
| Cameron Anton | 720-529-9840 | B*, P |
| Jordon Binkley | 303-532-9459 | C |
| Lura Caillouet | 720-563-9923 | B*, H, P |
| Cara Friedman | 303-720-8546 | B*, H, P |
| Jordon Gania | 303-617-1687 | B, C, H, P |
| Kaelin Gray | 720-346-5119 | B*, P |
| Rhiannon McCarter | 303-828-6170 | B*, H, P |
| Hailey Osborne | 303-905-3682 | B*, P |
| Jade Peterson | 720-560-0455 | B* |
| Jessie Reese | 303-721-9697 | B*, P |
| Miranda Robinson | 720-314-3232 | B*, H, P |
| Emily Selders | 303-771-1763 | B*, H, P |
| Will Senn | 303-741-2065 | B*, H, P |
| Rissa Tautz | 303-669-2266 | B, H |
| Brigitta Venette | 303-770-1027 | P |
| Megan Venette | 303-770-1027 | B*, P |
| Peter Venette | 303-770-1027 | C, P |
| Zach Wappelhorst | 720-775-9134 | C |
| Marly Welch | 303-773-3254 | B* |
| Jeremy Wiberg | 720-255-7064 | C, H |

Walnut Hills Newsletter

<http://sites.google.com/site/walnuthillsnewsletter>
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Facebook: Walnut Hills Newsletter Group

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Welcome Home!

Julie Trimarchi - 4630 E. Briarwood Place
Michael Razumovski - 7463 E. Costilla Place
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Walnut Hills Civic Association Board of Directors

Neighborhood 1 (98 homes)
Herb Engler 303-770-3949
Treasurer

Neighborhood 2 (101 homes)
Andrea Suhaka 303-770-0058
Secretary, Membership, 4th of July Parade

Neighborhood 3 (93 homes)
Louise Meis 303-771-2061

Neighborhood 4 (96 homes)
Matt Zahner 720-488-0360

Neighborhood 5 (97 homes)
Donna Senn 303-741-2065,
Dumpster Days

Neighborhood 6 (103 homes)
Shirley Jose 303-771-2370

Neighborhood 7 (102 homes)
Open

Neighborhood 8 (98 homes)
Jennifer Bethlenfalvay
303-782-0181

Neighborhood 9 (104 homes)
Paul Flannery 303-972-1253.

Neighborhood 10 (100 homes)
Open

Neighborhood 11 (95 homes)
Debra Gania 303-617-1687
Egg Hunt, National Night out

Neighborhood 12 (91 homes)
Paula Hillman 720-489-7389
Chair, GID Rep, Egg Hunt

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